

## **IPOKRATES CLINICAL SEMINAR IN KOLKATA, INDIA**

**Sponsor for four international faculties:** Eagle Foundation, Switzerland

**Title of the seminar:** A primer of renal physiology and workshop on fluid and electrolyte imbalance

**Objectives:** To provide a high-quality postgraduate education which enables professionals to keep abreast of the most recent developments and offer participants the opportunity to discuss clinical problems or scientific issues personally with international experts. This seminar dealt with understanding and management of renal, water and electrolyte disturbances in neonatal and paediatric age group.

**Venue:** Hotel Park Plaza, Kolkata, India

**Hotel for lecturers:** Hotel Park Plaza, Kolkata, India

**Date:** 26<sup>th</sup> – 27<sup>th</sup> August, 2017

**Local organizers:** Institute of Child Health, Kolkata

**Program design:** Prof Detlef Bockenhauer; Prof. Jean-Pierre Guignard

**Detailed program:** enclosed .

**Lecturers:** Guignard Jean-Pierre, Lausanne, Switzerland – Detlef Bockenhauer, London, UK – Robert Zietse, Netherland – Ewout Hoorn, Netherland

**Participants:** 103 delegates consisting of a mix of general pediatricians, neonatologists, pediatric and adult nephrologists, pediatric and adult intensivists, and post-graduates trainees in pediatrics. They came from various parts of India.

**Proceedings of the seminar:** An email containing study materials circulated before seminar. A manual containing all the lectures given by the teachers have been distributed to delegates at the registration desk during the seminar.

### **Brief summary of program:**

Day 1: Lectures on Specifics of renal physiology; handling of salt and water; fluid and electrolyte disorders (sodium and potassium); Workshops on case-based disorders of sodium and potassium.

Day 2: Lectures on Specifics of renal physiology; the handling of acid /base and calcium-phosphate; Workshops on case-based disorders of acid-base and calcium and phosphorus.

### **GENERAL COMMENTS AND CONCLUSION:**

This seminar was held at Park Plaza Hotel. Four European speakers presented their expert opinion on the challenge of rationally treating the fluid and electrolyte disorders encountered.

Following the rule of Ipokrates, the invited teachers did not receive an honorarium, thus keeping at a low level the participation fees. The lectures by faculty as well as the case discussions were very interactive and generated lively discussions among the delegates. In their detailed evaluation, the participants appreciated the possibility of meeting individually the teachers during the lunches and coffee-breaks.

**Participants:**

Thanks to the help of the Eagle Foundation, four international faculties could actively participate in the symposium. The possibility of actively participating in a high-quality program was highly appreciated by all of them. Thanks to International Society of Nephrology (ISN) and International Society of Pediatric Nephrology (IPNA) for supporting the programme.

**Global results of the evaluation:**

The participants were asked to evaluate the course and the individual teachers. Detailed results are described in the attachment. On a scale of 1 (excellent) to 5 (unsatisfying), the evaluation gave the following overall results:

- a) Quality of international speakers: 1.34 to 1.62/5
- b) Quality of national speakers: 1.26 to 1.62/5
- c) Appreciation of the four workshops: 1.45 to 1.55/5
- d) General comments: we need similar events each year; we need seminars on other topics too; extend the time for practical approaches.

The evaluation demonstrates that the objective of the seminar was fully achieved. The possibility of renewing an Ipokrates experience in a year or two has been mentioned by the local organizers and delegates. Some participants of other cities were eager to have Ipokrates in their own institutions and cities. The four international teachers enjoyed the very stimulating questions and discussions of the participants. The atmosphere was respectful, friendly and warm.

**ACKNOWLEDGEMENTS:** Profs. Detlef Bockenhauer and Jean-Pierre Guignard express their warm appreciation and thanks to Dr Rajiv Sinha and his team for the wonderful organization of the symposium and generous welcome of the hosts. They are grateful to the Eagle Foundation, the IPNA and the ISN for making it possible to host such an academic feast.

Lausanne, 31 October 2017

Jean-Pierre Guignard, MD