

HEALTH CARE CENTRE MARA MOSCA

NUMBER OF CHILDREN IN CLASS NURSERY -6

NUTRITION PROGRAMM 2016

TOTAL OF CHILDREN IN CLASS NURSERY GIRLS 20 &BOYS 23(43)

S.N	NAME	SURNAME	SEXE	AGE	MAY 2016			December 2016			MARCH 2017			Remark
					HIGHT	WEIGHT	BMI	HIGHT	WEIGHT	BMI	HIGHT	WEIGHT	BMI	
1	Khang	Aasis	m	5	110.00	14.00	11.57	115.00	16.00	12.12	115.00	17.00	13.63	
2	Sardar	Khusbu	f	6	113.00	14.00	11.02	117.00	16.00	11.76	119.00	18.00	12.76	
3	Chaudhary	Karuna	f	5	98.00	11.00	11.45	99.00	12.00	12.24	100.00	15.00	15.00	
4	Isar	Dibya	f	5	99.00	11.00	11.22	100.00	12.00	12.00	100.00	13.00	13.00	
5	Sardar	Manish	m	5	102.00	12.00	11.53	106.00	15.00	13.39	107.00	16.00	14.03	
6	sardar	Rina	f	5	106.00	13.00	11.60	106.00	14.00	12.50	106.00	16.00	14.28	

HEALTH CARE CENTRE MARA MOSCA
NUTRITION PROGRAMM 2016

NUMBER OF CHILDREN CLASS ONE-17

TOTALOF CHILDREN IN CLASS ONE GIRLS 30 & BOYS -22 (52)

S.n	NAME	SURNAME	SEXE	AGE	MAY 2016			December 2016			MARCH 2017			Remark
					HIGHT	WEIGHT	BMI	HIGHT	WEIGHT	BMI	HIGHT	WEIGHT	BMI	
1	Khang	Durga kumari	F	7	112.00	15.00	12.00	114.00	16.00	12.40	114.00	18.00	13.95	
2	Khang	Manisha	F	7	110.00	13.00	10.74	110.00	14.00	11.57	111.00	18.00	14.63	
3	Paikra	Rambati	F	7	107.00	15.00	13.15	110.00	16.00	13.22	110.00	17.00	14.04	
4	Sah	Premkumar	M	7	106.00	14.00	12.50	107.00	15.00	13.15	107.00	17.00	14.91	
5	Ram	Sitakumari	F	7	102.00	11.00	10.57	104.00	16.00	14.81	105.00	19.00	17.27	
6	Chaudhary	Kanchan	F	7	119.00	18.00	12.76	120.00	18.00	12.25	122.00	22.00	14.86	
7	Isar	Karuna	F	7	99.00	12.00	12.24	101.00	12.00	12.74	101.00	14.00	13.72	
8	Ram	Bhumika	F	6	107.00	14.00	12.28	107.00	16.00	14.03	107.00	18.00	15.78	
9	Sah	Devanand	M	7	108.00	15.00	12.93	110.00	18.00	14.87	110.00	20.00	16.52	
10	Khang	Adu	M	6	112.00	16.00	12.8	117.00	17.00	12.50	117.00	20.00	14.92	
11	yadav	Prabin	M	7	113.00	16.00	12.59	114.00	17.00	13.17	114.00	18.00	13.95	
12	sardar (b)	Laxmi kumari	F	7	120.00	18.00	12.50	121.00	19.00	13.01	122.00	20.00	13.51	
13	yadav	Aasha	F	7	104.00	14.00	12.96	107.00	13.00	11.40	108.00	14.00	12.06	
14	sardar	Kalpana	F	7	107.00	17.00	14.91	107.00	17.00	14.91	108.00	18.00	15.51	
15	yadav	Nitish	M	7	106.00	15.00	13.39	108.00	16.00	13.79	110.00	17.00	14.04	
16	khang	Ajay	M	7	111.00	16.00	13.00	113.00	17.00	13.38	113.00	18.00	14.17	
17	khathon	Rijwana	F	8	116.00	18.00	13.43	117.00	20.00	14.70	117.00	21.00	15.44	

HEALTH CARE CENTRE MARA MOSCA

NUTRITION PROGRAMM 2016

NUMBER OF CHILDREN FROM CLASS 1 - :12

TOTAL OF CHILDREN IN CLASS 2 GIRLS 24 & BOYS 25 (49)

S.N	NAME	SURNAME	SEXE	AGE	MAY 2016			December 2016			MARCH 2017			Remark
					HIGHT	WEIGHT	BMI	HIGHT	WEIGHT	BMI	HIGHT	WEIGHT	BMI	
1	Khang	Ramkrishna	m	8	128.00	21.00	12.88	128.00	23.00	14.11	129.00	26.00	15.06	
2	khang	Laxmi kumari	f	8	126.00	19.00	12.02	128.00	22.00	13.49	128.00	25.00	15.33	
3	yadav	pooja	f	8	119.00	18.00	12.76	119.00	20.00	14.18	119.00	22.00	15.60	
4	Khang	Kalpana	f	8	112.00	15.00	12.00	114.00	18.00	13.95	114.00	21.00	16.27	
5	Khang	Dinesh	m	7	117.00	17.00	12.5	117.00	18.00	13.23	117.00	21.00	15.44	
6	Khathon	Sabnam	f	7	118.00	18.00	12.94	120.00	19.00	13.19	120.00	22.00	15.27	
7	yadav	Susmita	f	7	123.00	19.00	12.58	123.00	20.00	13.24	124.00	25.00	16.33	
8	sardar	Suraj	m	8	121.00	16.00	10.95	122.00	18.00	12.16	123.00	21.00	13.90	
9	Ram	Pooja	f	7	115.00	16.00	11.51	118.00	18.00	12.94	118.00	21.00	15.10	
10	Ram	Suresh	m	9	117.00	18.00	13.04	118.00	20.00	14.38	118.00	23.00	16.54	
11	Sada	Bijay	m	9	132.00	23.00	13.21	132.00	25.00	14.36	132.00	28.00	16.09	
12	Khathon	Rijwana	f	9	116.00	18.00	13.43	119.00	19.00	13.47	120.00	22.00	15.27	

HEALTH CARE CENTRE MARA MOSCA

NUTRITION PROGRAMM 2016

NUMBER OF CHILDREN FROM CLASS 2-:22

TOTAL OF CHILDREN IN CLASS 3 GIRLS 26 & BOYS 26 (52)

S.n	NAME	SURNAME	SEXE	AGE	MAY 2016			December 2016			MARCH 2017			Remark
					HIGHT	WEIGHT	BMI	HIGHT	WEIGHT	BMI	HIGHT	WEIGHT	BMI	
1	Dhami	Salina	f	10	130.00	23.00	13.60	130.00	24.00	14.20	130.00	26.00	15.38	
2	Sah	Ranjit	m	9	123.00	18.00	11.92	125.00	19.00	12.17	125.00	21.00	13.46	
3	Sada	Suraj	m	10	129.00	23.00	13.85	130.00	24.00	14.20	132.00	27.00	15.51	
4	yadav	Ajay	m	9	130.00	23.00	13.60	130.00	25.00	14.79	130.00	29.00	17.15	
5	Isar	Kajal	f	10	115.00	20.00	13.88	118.00	21.00	15.10	118.00	23.00	16.54	
6	Yadav	Anjali	f	9	120.00	19.00	13.19	121.00	25.00	17.12	121.00	27.00	18.49	
7	Khang	Tarun	m	9	124.00	21.00	13.72	127.00	22.00	13.66	128.00	23.00	14.11	
8	Sardar	Srijana	f	10	123.00	20.00	13.24	126.00	26.00	16.45	128.00	28.00	17.17	
9	Sada	Pinki	f	9	120.00	19.00	13.19	121.00	21.00	14.38	121.00	23.00	15.75	
10	Chaudhary	Sujan	f	9	117.00	18.00	13.23	117.00	20.00	14.7	117.00	22.00	16.17	
11	Thakur	Susmita	f	10	128.00	19.00	11.65	129.00	20.00	12.04	130.00	24.00	14.20	
12	Mandal	Parbati	f	10	115.00	19.00	13.97	116.00	21.00	15.67	116.00	23.00	17.16	
13	Ram	Sraban	m	10	128.00	21.00	12.88	128.00	22.00	13.49	128.00	25.00	16.02	
14	khang	Anjali	f	10	121.00	17.00	11.64	122.00	19.00	12.83	123.00	21.00	13.90	
15	khang	Suraj	m	9	120.00	20.00	13.88	120.00	22.00	15.27	120.00	24.00	16.66	
16	sardar (b)	Aarati	f	10	127.00	21.00	13.04	127.00	23.00	14.28	128.00	25.00	15.53	
17	khang	Bimla	f	9	139.00	20.00	10.36	139.00	25.00	12.95	139.00	28.00	14.50	
18	Sah	Srijana	f	10	122.00	21.00	14.18	124.00	22.00	14.37	124.00	24.00	15.68	
19	sah	Jibchi	f	10	133.00	25.00	14.20	134.00	26.00	14.52	135.00	28.00	15.38	
20	sardar	Nirajan	m	10	127.00	21.00	13.04	130.00	24.00	14.20	130.00	26.00	15.38	
21	Dhami	Shivdev	m	9	119.00	19.00	13.47	120.00	20.00	13.88	120.00	24.00	16.66	
22	sada	Ranjana	f	11	130.00	24.00	14.2	133.00	25.00	14.20	133.00	27.00	15.37	

HEALTH CARE CENTRE MARA MOSCA
NUTRITION PROGRAMM 2016

NUMBER OF CHILDREN FROM CLASS 4 --26

TOTAL OF CHILDREN IN CLASS 4 GIRLS 33 & BOYS 20 (53)

S.N	NAME	SURNAME	SEXE	AGE	MAY 2016			December 2016			MARCH 2017			Remark
					HIGHT	WEIGHT	BMI	HIGHT	WEIGHT	BMI	HIGHT	WEIGHT	BMI	
1	Yadav	Manika	f	11	126.00	22.00	13.92	128.00	24.00	14.72	130.00	29.00	17.15	
2	Yadav	Nabin	m	11	128.00	23.00	14.11	130.00	25.00	14.79	130.00	27.00	15.97	
3	Sardar(b)	Niraj	m	10	119.00	18.00	12.76	120.00	20.00	13.88	120.00	20.00	13.88	
4	Yadav	Ranju 'A'	f	11	139.00	27.00	13.98	140.00	29.00	14.79	140.00	30.00	15.30	
5	Khathon	Roshan	f	12	135.00	24.00	13.18	135.00	26.00	14.28				
6	Sardar	Rajan	m	13	157.00	38.00	15.44	157.00	40.00	16.26	159.00	43.00	17.06	
7	Ram	Durganand	m	10	129.00	23.00	13.85	130.00	25.00	14.79	130.00	29.00	17.15	
8	Dom	Manoj	m	10	133.00	25.00	14.20	134.00	27.00	15.08	135.00	30.00	16.48	
9	Khang	Sunil	m	10	137.00	25.00	13.36	137.00	30.00	16.04	138.00	32.00	16.84	
10	Khang	Sraban	m	10	132.00	22.00	12.64	132.00	28.00	16.09	132.00	30.00	17.24	
11	Sah	Shivnandan	m	9	125.00	21.00	13.46	125.00	25.00	16.02	125.00	27.00	17.30	
12	Sardar	Kabita	f	11	134.00	26.00	14.52	135.00	29.00	15.93	136.00	31.00	16.84	
13	Thakur	Omparakash	m	11	135.00	20.00	10.98	135.00	22.00	12.08	137.00	22.00	11.76	
14	Chaudhary	Rajkumari	f	11	124.00	21.00	12.65	126.00	22.00	13.92	126.00	25.00	15.82	
15	Yadav	Ranju 'B'	f	10	129.00	22.00	13.25	132.00	24.00	13.79	133.00	27.00	15.34	
16	Sardar	Manisha	f	10	126.00	22.00	13.92	129.00	24.00	14.45	130.00	26.00	15.38	
17	Sardar	Anita	f	10	126.00	19.00	12.02	130.00	21.00	12.42	130.00	24.00	14.20	
18	yadav	Anjali	f	11	138.00	26.00	13.68	140.00	29.00	14.79	140.00	35.00	17.85	
19	khathon	Rahisa	f	10	134.00	22.00	12.29	136.00	25.00	13.58	137.00	28.00	14.97	
20	Khang	Ashok	m	10	132.00	24.00	13.79	132.00	26.00	15.2	133.00	28.00	15.90	
21	sada	Ramkumar	m	11	144.00	27.00	13.04	144.00	30.00	14.49	146.00	35.00	16.43	
22	ram	Rina	f	11	140.00	23.00	11.23	141.00	25.00	12.62	141.00	31.00	15.65	
23	Chaudhary	Bijay	m	11	129.00	24.00	14.45	133.00	26.00	14.77	134.00	28.00	15.64	
24	sada	Pusa	f	10	130.00	20.00	11.83	131.00	22.00	12.86	132.00	26.00	14.94	
25	Biswas	Dukhni	f	10	130.00	23.00	13.6	130.00	24.00	14.20	130.00	26.00	15.38	
26	Mohamad	Samin	m	11	137.00	25.00	13.36	140.00	28.00	14.28	141.00	30.00	15.15	

HEALTH CARE CENTRE MARA MOSCA

NUTRITION PROGRAMM 2016

NUMBER OF CHILDREN FROM CLASS 5 :-24

TOTAL OF CHILDREN IN CLASS 5 GIRLS 27 & BOYS 31(58)

S.N	NAME	SURNAME	SEXE	AGE	MAY 2016			December 2016			MARCH 2017			Remark
					HIGHT	WEIGHT	BMI	HIGHT	WEIGHT	BMI	HIGHT	WEIGHT	BMI	
1	Sardar	Ramesh	m	13	159.00	34.00	13.49	160.00	37.00	14.45	163.00	40.00	15.09	
2	Sardar	Ranjit	m	12	150.00	32.00	14.22	155.00	38.00	15.83	158.00	41.00	16.46	
3	sada	Kancha	m	13	160.00	35.00	13.67	161.00	39.00	15.05	161.00	41.00	15.83	
4	Raut	Ramnarayan	m	12	157.00	35.00	14.22	157.00	39.00	15.85	157.00	41.00	16.66	
5	Khathon	Madina	f	12	149.00	27.00	12.16	149.00	30.00	13.51	150.00	35.00	15.55	
6	Khang	Mamta	f	11	140.00	27.00	13.77	144.00	29.00	14.00	145.00	33.00	15.71	
7	Khang	Shankar	m	12	134.00	24.00	13.40	135.00	27.00	14.83	135.00	29.00	15.93	
8	Chaudhary	Bishnu	m	11	135.00	27.00	14.83	137.00	28.00	14.97	138.00	32.00	16.84	
9	Sardar	Kamal kumari	f	11	136.00	26.00	14.13	140.00	28.00	14.28	140.00	30.00	15.30	
10	Chaudhary	Saraswati	f	12	123.00	23.00	15.23	126.00	25.00	15.82	126.00	28.00	17.72	
11	Sah	Anju	f	11	127.00	20.00	12.42	128.00	21.00	12.88	129.00	26.00	15.66	
12	Yadav	Balram	m	11	130.00	24.00	14.20	131.00	25.00	14.61	132.00	28.00	16.09	
13	Thakur	Pujan	f	11	129.00	21.00	12.65	130.00	22.00	13.01	133.00	25.00	14.20	
14	Khang	Rohit	m	11	138.00	23.00	12.10	138.00	26.00	13.68	138.00	29.00	15.26	
15	Sada	Ramita	f	10	130.00	22.00	13.01	132.00	23.00	13.21	132.00	28.00	16.09	
16	sardar	Shyam	m	11	148.00	30.00	13.39	148.00	35.00	15.98	150.00	40.00	17.77	
17	Chaudhary	Rabina	f	11	133.00	27.00	15.34	135.00	32.00	17.58	136.00	35.00	19.02	
18	Khathon	Thakni	f	11	133.00	22.00	12.50	134.00	24.00	13.40	135.00	26.00	14.28	
19	Yadav	Saroj	m	11	130.00	20.00	11.83	130.00	22.00	13.01	130.00	24.00	14.20	
20	Yadav	Anjali	f	11	134.00	24.00	13.40	134.00	28.00	15.64	136.00	30.00	16.30	
21	khang	Devkumar	m	12	146.00	30.00	14.08	146.00	31.00	14.55	146.00	32.00	15.02	
22	sah	Dipesh	m	11	134.00	25.00	14.96	136.00	27.00	14.67	136.00	28.00	15.21	
23	ram	Santosh	m	11	133.00	22.00	12.50	134.00	23.00	12.84	134.00	26.00	14.52	
24	Sada	Mahesh	m	13	156.00	28.00	11.52	157.00	30.00	12.19	158.00	35.00	14.05	

NUTRITION PROGRAMM 2016

NUMBER OF CHILDREN FROM CLASS 6 -:18

TOTAL OF CHILDREN IN CLASS 6 GIRLS 30& BOYS 23(53)

S.n	NAME	SURNAME	SEXE	AGE	MAY 2016			December 2016			MARCH 2017			Remark
					HIGHT	WEIGHT	BMI	HIGHT	WEIGHT	BMI	HIGHT	WEIGHT	BMI	
1	sada	Kripanand	m	12	143.00	28.00	13.72	144.00	30.00	14.49	145.00	32.00	15.23	
2	sah	Aasha	f	12	144.00	31.00	14.97	144.00	31.00	14.97	144.00	35.00	16.90	
3	Ram	Sunita	f	12	132.00	26.00	14.94	133.00	29.00	16.47	134.00	32.00	17.87	
4	Sardar	Ramita	f	12	139.00	25.00	12.95	139.00	26.00	13.47	139.00	28.00	14.50	
5	Khang (A)	Pooja	f	11	127.00	20.00	12.42	128.00	23.00	14.11	129.00	25.00	15.06	
6	Thakur	Aarati	f	12	149.00	33.00	14.86	149.00	34.00	15.31	149.00	35.00	15.76	
7	Khang	Rekha	f	11	136.00	24.00	13.04	136.00	26.00	14.13	140.00	32.00	16.32	
8	Khang	Ramjanam	m	12	134.00	23.00	12.84	134.00	24.00	13.40	136.00	27.00	14.67	
9	Yadav	Sabita	f	12	156.00	34.00	13.99	156.00	35.00	14.40	157.00	40.00	16.26	
10	Yadav	Bivina	f	11	126.00	22.00	13.92	127.00	24.00	14.90	128.00	27.00	16.56	
11	sardar	Dipu	m	12	155.00	34.00	14.16	157.00	38.00	15.44	158.00	42.00	16.86	
12	Yadav	Dilip	m	12	137.00	25.00	13.36	137.00	30.00	16.04	137.00	31.00	16.57	
13	Chaudhary	Sudip	m	11	134.00	25.00	13.96	134.00	27.00	15.08	135.00	30.00	16.48	
14	Chaudhary	Nitesh	m	12	143.00	30.00	14.70	145.00	32.00	15.23	146.00	35.00	16.43	
15	sada	Susmita	f	12	130.00	24.00	14.20	131.00	26.00	15.20	132.00	30.00	17.24	
16	khang	Aasha	f	12	145.00	30.00	14.28	145.00	31.00	14.76	145.00	33.00	15.71	
17	dhami	Kabita	f	11	131.00	22.00	12.86	131.00	25.00	14.61	131.00	27.00	15.78	
18	khang(b)	Pooja	f	14	158.00	36.00	14.45	158.00	40.00	16.06	159.00	45.00	17.85	

HEALTH CARE CENTRE MARA MOSCA

NUTRITION PROGRAMM 2016

NUMBER OF CHILDREN FROM CLASS 7-:27

TOTAL OF CHILDREN IN CLASS 7 GIRLS 33 & BOYS 42 (75)

s.n	NAME	SURNAME	SEXE	AGE	MAY 2016			HIGHT
					HIGHT	WEIGHT	BMI	
1	sah	Rupesh	m	14	158.00	38.00	15.26	160.00
2	Chaudhary	Jitesh	m	13	148.00	35.00	15.98	149.00
3	Khang	Prabesh	m	13	145.00	31.00	14.76	147.00
4	sada	Sanjay	m	13	152.00	33.00	14.28	152.00
5	khang	Pramila	f	12	154.00	33.00	13.92	154.00
6	khang	Parbati	f	12	152.00	29.00	12.55	152.00
7	kathoon	Jarina	f	14	154.00	35.00	14.76	154.00
8	khang	Santosh	m	12	144.00	30.00	14.49	145.00
9	sardar	Dinesh	m	13	153.00	35.00	14.95	154.00
10	raut	Sanjana	f	13	158.00	37.00	14.85	158.00
11	Mandal	Sunita	f	13	155.00	35.00	14.58	156.00
12	khathon	Sabnam	f	13	150.00	31.00	13.77	152.00
13	khang	Ajay	m	13	154.00	35.00	14.76	156.00
14	sarma	Sabita	f	12	140.00	29.00	14.79	142.00
15	Yadav	Sarban	m	14	162.00	40.00	15.26	162.00
16	biswakarma	Srijana	f	13	148.00	33.00	15.06	150.00
17	chaudhary	Abinash	m	14	139.00	30.00	15.54	140.00
18	sah	Santi	f	14	145.00	34.00	16.19	145.00
19	Chaudhary	Anjali	f	14	152.00	38.00	16.45	152.00
20	raut	Bhupen	m	13	137.00	25.00	13.36	143.00
21	yadav	Kalpana	f	12	141.00	29.00	14.64	142.00
22	Ram	Sarban	m	14	162.00	40.00	15.26	162.00
23	mohamad	Ishak	m	14	145.00	32.00	15.23	145.00
24	Khang	Porsotam	m	14	144.00	33.00	15.94	145.00
25	Khang	Dipak	m	13	145.00	31.00	14.76	145.00
26	sardar	Bhagwati	m	14	156.00	39.00	16.04	159.00
27	sardar	Rupesh	m	14	155.00	38.00	15.83	160.00

December 2016		MARCH 2017			Remark
WEIGHT	BMI	HIGHT	WEIGHT	BMI	
42.00	16.40	162.00	44.00	16.79	
36.00	16.21	154.00	48.00	20.25	
33.00	15.27	148.00	36.00	16.43	
37.00	16.01	153.00	39.00	16.66	
36.00	15.18	154.00	38.00	16.03	
32.00	13.85	152.00	38.00	16.45	
37.00	15.61				
32.00	15.23	145.00	34.00	16.19	
36.00	15.18	154.00	39.00	16.45	
40.00	16.06	159.00	45.00	17.85	
38.00	15.63	156.00	41.00	16.87	
35.00	15.15	153.00	36.00	15.38	
40.00	16.46	156.00	42.00	17.28	
34.00	16.91	142.00	36.00	17.91	
40.00	15.26	163.00	45.00	16.98	
36.00	16.00	151.00	38.00	16.66	
32.00	16.32	141.00	34.00	17.17	
34.00	16.19	145.00	35.00	16.66	
39.00	16.88	152.00	43.00	18.61	
31.00	15.19	143.00	35.00	17.15	
30.00	14.92	143.00	38.00	18.62	
42.00	16.03	162.00	44.00	16.79	
34.00	16.19	146.00	37.00	17.37	
35.00	17.66	146.00	38.00	17.84	
33.00	15.71	146.00	39.00	18.30	
42.00	16.66	159.00	45.00	17.85	
42.00	16.40	161.00	46.00	17.76	

HEALTH CARE CENTRE MARA MOSCA

NUTRITION PROGRAMM 2016

NUMBER OF CHILDREN FROM CLASS 8 :-16

TOTAL OF CHILDREN IN CLASS 8 GIRLS 30 & BOYS 25 (55)

S.N	NAME	SURNAME	SEXE	AGE	MAY 2016			December 2016			MARCH 2017			Remark
					HIGHT	WEIGHT	BMI	HIGHT	WEIGHT	BMI	HIGHT	WEIGHT	BMI	
1	paikra	Kuseswar	m	13	150.00	29.00	12.88	152.00	33.00	14.28	152.00	36.00	15.58	
2	sah	Rajkumari	f	13	156.00	36.00	14.81	156.00	39.00	16.04	156.00	42.00	17.28	
3	Khang	Asmita	f	14	151.00	38.00	16.66	151.00	42.00	18.42	152.00	44.00	19.04	
4	ram	Sarban	m	14	154.00	37.00	15.61	154.00	40.00	17.24	155.00	42.00	17.50	
5	khathon	Tanjila	f	14	157.00	39.00	15.85	157.00	40.00	16.26	157.00	45.00	19.29	
6	thakur	Hira	f	14	159.00	32.00	12.69	160.00	34.00	13.28	161.00	36.00	13.89	
7	sardar	Punita	f	14	146.00	30.00	14.08	146.00	34.00	15.96	146.00	37.00	17.37	
8	Chaudhary	Ramkumari	f	15	152.00	38.00	16.45	153.00	43.00	18.37	153.00	47.00	20.08	
9	khang	Suban	m	14	160.00	35.00	13.67	161.00	37.00	14.28	161.00	39.00	15.05	
10	ram	Devkant	m	14	161.00	37.00	14.28	161.00	40.00	15.44	161.00	45.00	17.37	
11	mochi	Kabita	f	15	160.00	40.00	15.62	160.00	44.00	17.18	160.00	46.00	17.96	
12	khang	Pooja	f	14	146.00	30.00	14.08	146.00	34.00	15.96	146.00	37.00	17.37	
13	khang	Santosh	m	14	147.00	32.00	14.81	150.00	35.00	15.55	152.00	40.00	17.31	
14	sada	Ramkumar	m	14	149.00	33.00	14.86	150.00	35.00	15.55	151.00	40.00	17.54	
15	khang	Bishnu	m	12	145.00	32.00	15.23	146.00	40.00	18.77	147.00	42.00	19.44	
16	sardar	Rupesh	m	14	154.00	36.00	15.18	155.00	40.00	16.66	156.00	45.00	18.51	

NUTRITION PROGRAMM 2016

NUMBER OF CHILDREN FROM CLASS 9 --:18

TATAL OF CHILDREN IN CLASS 9 GIRLS 26 & BOYS 30 (56)

S.N	NAME	SURNAME	SEXE	AGE	MAY 2016			December 2016			MARCH 2017			Remark
					HIGHT	WEIGHT	BMI	HIGHT	WEIGHT	BMI	HIGHT	WEIGHT	BMI	
1	Khang	Arun	m	15	163.00	40.00	15.09	164.00	40.00	14.92	165.00	45.00	16.54	
2	yadav	Arjun	m	15	163.00	37.00	13.96	165.00	39.00	14.33	165.00	42.00	15.44	
3	yadav	Saroj	m	15	160.00	40.00	15.62	163.00	40.00	15.09	164.00	45.00	16.79	
4	sardar	Rajesh	m	15	164.00	42.00	15.67	164.00	44.00	16.41	164.00	47.00	17.53	
5	paikra	Kajal	f	15	155.00	34.00	14.16							
6	yadav	Arbind	m	15	139.00	30.00	15.54	140.00	31.00	15.81	140.00	35.00	17.85	
7	chaudhary	Mamta	f	15	159.00	37.00	14.68	160.00	40.00	15.62	160.00	46.00	17.96	
8	khang	Manisha	f	15	157.00	39.00	15.85	157.00	41.00	16.66	158.00	47.00	18.87	
9	khang	Sarita	f	15	155.00	37.00	15.62	157.00	39.00	15.85	157.00	42.00	17.07	
10	raut	Suresh	m	15	155.00	35.00	14.58	159.00	38.00	15.07	159.00	43.00	17.06	
11	mandal	Hemakumari	f	16	150.00	32.00	14.22	153.00	34.00	14.52	153.00	40.00	17.09	
12	mandal	Saraswati	f	16	152.00	39.00	16.88	152.00	40.00	17.31	152.00	41.00	17.74	
13	sada	Bhawani	m	16	164.00	45.00	16.79	165.00	47.00	17.27	165.00	50.00	18.38	
14	khang	Puso	m	15	160.00	43.00	16.79	160.00	45.00	17.57	160.00	47.00	18.35	
15	mandal	Ajay	m	16	162.00	44.00	16.79	164.00	48.00	18.91	165.00	50.00	18.75	
16	sah	Dharmdev	m	16	157.00	38.00	15.44	159.00	40.00	15.87	159.00	43.00	17.06	
17	Raut	Anita	f	16	148.00	35.00	15.98	150.00	38.00	16.88	157.00	49.00	19.91	
18	Mohamad	Sajam	m	16	165.00	47.00	16.45	167.00	48.00	17.26	167.00	49.00	17.62	

HEALTH CARE CENTRE MARA MOSCA

NUTRITION PROGRAMM 2016

NUMBER OF CHILDREN FROM CLASS 10 :-16

TOTAL OF CHILDREN IN CLASS 10 GIRLS 42 & BOYS 25 (67)

S.n	NAME	SURNAME	SEXE	AGE	MAY 2016			December 2016			MARCH 2017			Remark
					HIGHT	WEIGHT	BMI	HIGHT	WEIGHT	BMI	HIGHT	WEIGHT	BMI	
1	khang	Durga	f	16	149.00	35.00	15.76	150.00	38.00	16.88	150.00	40.00	17.77	
2	majhi	Paras	m	16	162.00	41.00	15.64	164.00	44.00	16.41	164.00	47.00	17.53	
3	raut	Pooja	f	16	151.00	35.00	15.35	153.00	35.00	14.95	153.00	41.00	17.52	
4	sada	Priyanka	f	16	151.00	37.00	16.22	152.00	40.00	17.31	152.00	42.00	18.18	
5	Sardar	Rabina	f	16	160.00	42.00	16.40	160.00	43.00	16.79	161.00	45.00	17.34	
6	prabin	Pharhad	f	16	150.00	38.00	16.88	151.00	40.00	17.54	151.00	44.00	19.29	
7	yadav	Sangita	f	16	156.00	40.00	16.46	156.00	41.00	16.87	157.00	42.00	17.07	
8	malik	Sandip	f	16	157.00	36.00	14.63	158.00	38.00	15.26	158.00	42.00	16.86	
9	Raut	Kabita	f	16	153.00	36.00	15.38	153.00	39.00	16.66	154.00	43.00	18.14	
10	Gaim	Radha	f	16	158.00	42.00	16.86	158.00	43.00	17.26	159.00	46.00	18.25	
11	Mandal	Dipendra	m	16	157.00	42.00	17.07	159.00	45.00	17.85	159.00	47.00	18.65	
12	Raut	Priyanka	f	17	151.00	39.00	17.10	151.00	41.00	17.98	152.00	47.00	20.34	
13	sardar	Sangita	f	17	157.00	43.00	17.47	158.00	46.00	18.47	159.00	48.00	19.04	
14	Majhi	Silendra	f	17	161.00	42.00	16.21	161.00	43.00	16.60	161.00	47.00	18.14	
15	mandal	Devanand	m	16	167.00	49.00	17.62	170.00	52.00	17.99	170.00	53.00	18.33	
16	Sah	Surendra	m	16	168.00	44.00	15.60	170.00	49.00	16.95	170.00	51.00	17.64	

COMMUNITY HEALTH CARE CENTRE MARA MOSCA

Banrait Tole - Barmajhiya 9

Saptari District

Nepal

NUTRITION PROGRAM 2016 - 2017

BMI Calculation 2016 - 2017

The program began mid of April 2016 and lasted until 7th of April 2017

Measurements from 18th to 29th of April 2016

Class	Mild underweight		Underweight		Severe underweight		Total
	f	m	f	m	f	m	
Nursery	4	2					6
One	3	2	5	4	3		17
Two			1	2	7	2	12
Three	4	4	8	2	2	2	22
Four	1	5	6	7	4	3	26
Five	2	2	4	6	4	6	24
Six			6	2	6	4	18
Seven			1	3	10	13	27
Eight			2		6	8	16
Nine			2	4	6	6	18
Ten			8	2	4	2	16
Total 1	14	15	43	32	52	46	202
Total 2	29		75		98		202

Remarks

After the first measurements made in April 2016, all together 202 children were concerned with the nutrition programme.

We could note that 29 children were in mild underweight class and 75 pupils in underweight class.

Unfortunately, still 98 students of all classes were severely underweight class.

All together, we observed that more than 85% of the measured children urgently need a better nutrition, which is our motivation to go on with this programme.

Second measurement: November 2016

Class	Good		Mild underweight		Underweight		Severe underweight		Absent		Total
	f	m	f	m	f	m	f	m	f	m	
Nursery		1	4	1							6
One			7	5	2	1		2			17
Two			7	4		1					12
Three	1		10	7		1	3				22
Four		3	10	8		1	3	1			26
Five	1		4	8	4	3	1	3			24
Six			9	4	2	1	1	1			18
Seven			9	12		3	2	1			27
Eight		1	5	1		6	3				16
Nine			1	2	2	2	3	7	1		17
Ten			5		5	2	2	2			16
Total 1	2	5	71	52	15	21	18	17	1	0	201
Total 2	7		123		36		35		1		202

Remarks

During the 7 first months of the programme, only one child left the school. The girl went to another school.

After the measurement in November, we discovered that 2 girls and 5 boys improved their BMI and were in much better health.

We also noticed that 94 children could improve from underweight to mild underweight class.

It was a great pleasure to notice that 39 children could improve from severe underweight to underweight class.

We can anyway notice that 35% of the student still are under- or severely underweight.

Third measurement: End of March - Beginning of April 2017

Class	Good		Mild under weight		Under weight		Severe underweight		Absent		Total
	f	m	f	m	f	m	f	m	f	m	
Nursery	3	2	1								6
One	3	1	6	5	2						17
Two	7	4		1							12
Three	5	4	9	4							22
Four	3	7	9	4		1		1	1		25
Five	4	5	6	8				1			24
Six	7	4	4	1	1	1					18
Seven	8	9	2	7					1		26
Eight	7	6		1	1	1					16
Nine	2	1	4	4		3		3	1		17
Ten	3		8	2	1	2					16
Total 1	52	43	49	37	5	8	0	5	3	0	199
Total 2	95		86		13		5		3		202

Remarks

During the last 4 months of the scholar's year, 2 other pupils left the school, one girl for another school and one stopped her studies.

The third measurements were done during the last week of March and first week of April 2017.

It was for us all a great pleasure and achievement to see that 52 girls and 43 boys could recover a normal BMI during this 2016-2017 nutrition programme.

During this year, 93 pupils could leave the underweight class, only 13 are still in the underweight class and as many as 152 students are either in very good health or on the way to become a normal BMI

The concerned pupils in mild-, under-, and severe underweight classes will be again engaged in the 2017-2018 nutrition programme.

The programme of next year will begin with the measurement of all children registered in our school. As the scholar year begins on Sunday, April 16th 2017, we shall be ready to give the first meal around one week later.