



mary's
meals

a simple solution
to world hunger

Mary's Meals

Portfolio report to Fondation Eagle
December 2018

Mary's Meals portfolio report to Fondation Eagle, December 2018

Mary's Meals is incredibly grateful for the ongoing support and encouragement of Fondation Eagle over the years. We continue to be driven by our vision that every child receives one daily meal in their place of education and that all those who have more than they need, share with those who lack even the most basic things.

Mary's Meals around the world

It has been a year of growth for Mary's Meals. Throughout 2018 our programmes have grown as we reach out to more children with daily school meals. We are now feeding 1,361,586 children in 17 countries around the world.

We have also reached the incredible milestone of feeding more than one million children across Malawi, in 838 primary schools and 92 Early Childhood Development (ECD) centres, just 16 years after Mary's Meals began feeding 200 children in the country.



In Madagascar, we are reaching 227 vulnerable children in prison with daily meals through our partner, Grandir Dignement, who provides education and vocational training. The conditions in prisons in Madagascar are described as appalling and there is no consistent food provision, so this programme is supporting some of the country's most vulnerable young people with vital nourishment and a chance to learn.

Our partner has found that as many as 80% of the children are still awaiting trial, while some are detained for minor offenses and others are placed in prison for their own protection. Many of the children either lived on the streets before their time in prison or came from very poor families. By providing nutritious meals and encouraging the children to engage with educational opportunities, our programme is them to work towards a brighter future.

We were also happy to expand our programme in Aleppo, Syria, to a further four schools, reaching approximately 1,500 additional children. As a result of the country's ongoing conflict, many families struggle to find enough food. Mary's Meals allows families to send their children to school and experience some normality, where they can learn, play and enjoy a meal.

The Mary's Meals school feeding model

Our unique model revolves around equal, long-term partnerships between schools, local communities and Mary's Meals and our partner organisations. Mary's Meals staff and partners provide training, resources, monitoring and support to schools and volunteers, and local communities own and run Mary's Meals, with thousands of community volunteers worldwide providing resources and committing their time to organise, prepare and serve our meals. We pride ourselves on providing consistent, high-quality school feeding programmes, ensuring that each child safely receives the correct meal every school day, and is respected, listened to and protected.

Mary's Meals has an ongoing commitment to ensuring good stewardship of resources, striving to maintain low costs, with at least 93 percent of donations being spent on our charitable activities. Our focus is on hiring local staff and buying locally-grown food and equipment where possible, providing an assured market for farmers and their families and supporting economic growth, and we seek to minimise the environmental impact of our programmes.

In every country where we work, we prioritise children's needs, making a long-term commitment to providing school meals, while working with governments to support sustainable national school feeding

programmes. We are committed to learning and improvement and regularly assess the impact of our work, enabling us to achieve our goals, learn from our experiences, and deliver our programmes as effectively and efficiently as possible

Responding to crises in India and South Sudan

Mary's Meals has a history of working with existing partners – most often in countries where we already run school feeding programmes – to help those suffering in emergency situations.

In June, we launched our Crisis in South Sudan appeal while civil war was raging across the country. Fighting was forcing families from their homes and schools were being destroyed. Millions were – and still are – facing a hunger crisis. Our appeal received a fantastic response that allowed us to expand our programme to a further five schools in the Eastern Lakes and Western Lakes states. This means that 3,923 additional children are now receiving Mary's Meals in South Sudan. We are currently reaching 24,443 children in South Sudan across 45 schools.

Moses, Kupurot Kenyi, from our local partner The Diocese of Rumbek, coordinates our school feeding programme in the country and explained the difference the daily school meals have already made. He said: "Mary's Meals is making a very big difference. When the children see that there is food in school, there is such happiness and joy. After eating, we see the way they play, the way they sing, the way they dance. You can see that they have new life in them."

In August 2018, the state of Kerala in India experienced the worst flooding to hit the region in over a century, which left hundreds of thousands of people homeless and in desperate need of immediate help. More than a million people had to seek refuge in temporary camps. Many families returned to their towns and villages to find their homes badly damaged, their possessions washed away, and their crops and livelihoods destroyed. In the aftermath of the disaster, Mary's Meals worked with its longstanding partner in India, BREAD, to deliver essential food supplies and cooking equipment to 13,000 families in two of the worst affected villages in the Alappuzha district. We also distributed 2,000 cooking kits and 1,000 portable gas stoves to families that were identified by their communities as being most in need.

2018-2020 Monitoring, Evaluation and Learning Strategy

This year we published our new monitoring, evaluation and learning (MEL) strategy for 2018 - 2020, which describes how our programmes work to bring about change in the lives of vulnerable children and their communities. This is highlighted by our theory of change (Appendix A). The strategy focuses on the aims of our programme; namely, that children gain an education that provides an escape route from poverty for them and for future generations. Our new set of outcomes emphasises early access to education, continued progress through school, and achievement. We also stress the importance of community involvement in, and support for, education.

We have also introduced outcomes relating to school feeding for pre-school children. We recognise the importance of pre-school education for children's emotional, social and cognitive development and their readiness for primary school. To reflect this, we have introduced a new outcome focused on pre-school education, as well as including the impact for pre-school children alongside primary school children within the other outcomes.

Sharing the impact of our work at the Global Child Nutrition Forum

In October, director of strategic partnerships and policy, Gillian McMahon, attended the 20th Annual Global Child Nutrition Forum conference in Tunis, Tunisia. Delegates included government representatives, leading school feeding academics and development agencies, who all came together to discuss the importance of school feeding.

Gillian was able to meet with senior government representatives from countries in which we work to discuss the impact Mary's Meals is having and also presented the work of Mary's Meals to the forum,

sharing evidence of the difference our programmes make to the lives of children, their families and their wider communities.

South Sudan's minister for education, Deng Deng Hoc Yai (pictured here with Gillian), also gave a presentation, sharing the good news that school feeding projects are contributing to peace-building in the troubled country and praising Mary's Meals for helping to make schools 'zones of peace' by engaging local communities to deliver the school feeding programme which enables children from different backgrounds to sit together.

Reports from schools supported by Fondation Eagle

Below is a summary of the funding received from Fondation Eagle since May 2011. We are truly grateful for this incredible and enduring support. Fondation Eagle's contributions to Mary's Meals have made a lasting impact on our programmes and enabled us to construct 69 kitchens across Malawi, Kenya and Zambia over seven years. We thank you for wonderful contribution.

Fondation Eagle funding						
School group	Date funding received	Amount received	Your reference	Country	Details	Reporting status
Group 1	May 2011	£29,971	-	Malawi	3 kitchens in Blantyre district	Requirements met December 2014
Group 2	December 2011	£45,916	-	Malawi	5 kitchens in Blantyre district	Requirements met December 2015
Group 3	May 2012	£56,314	-	Kenya	4 kitchens in Eldoret	Requirements met December 2016
Group 4	January 2013	£30,815	-	Malawi	5 kitchens in four districts	Requirements met December 2017
Group 5	July 2013	£33,694	-	Malawi	5 kitchens in Balaka district	Requirements met December 2017
Group 6	August 2014	£48,172	308	Malawi	7 kitchens in Karonga district	Final year
Group 7	July 2015	£34,784	351	Malawi	7 kitchens in Machinga district	Current
Group 8	June 2016	£59,166	382	Malawi	20 kitchens in Mwanza district	Current
Group 9	July 2017	£62,049	422-019	Zambia	10 kitchens in Chipata district	Current
Group 10	October 2018	£60,269	462-22	Malawi	6 kitchens in Lilongwe district	Current

This report includes information from the schools in groups six to 10 as all of the reporting requirements have been met for schools in groups one to five.

We include photographs and quotes from children, volunteers and teachers at these schools, supported by Fondation Eagle.

Group 6					
Funding awarded August 2014 £48,172 for school kitchens in Karonga district, Malawi					
School name	Total pupils at last report	Current enrolment boys	Current enrolment girls	Total current enrolment	Percentage change
Tumbi	269	166	197	363	+35%
Old Mission	791	407	401	808	+2%
Chipake	526	242	234	476	-10%
Chilambiro	627	303	311	614	-2%
Demonstration	602	315	313	628	+4%
Kasindile	1,364	573	547	1,120	-8%
Masoko	800	430	396	826	+3%
TOTALS	4,979	2,436	2,399	4,835	-3%

Albright Ngosi, who teaches Standard 2, is happy that children receive Mary's Meals at Tumbi Primary School. He said: "Phala [porridge] encourages the children to attend school and students' participation in class is also good."

Mischeck, 15, who attends Tumbi Primary school, told us about the impact Mary's Meals has on his daily life. He said: "In future I want to be a secondary school teacher. Phala helps me to have energy and I am always willing to learn. I feel well and powerful when I have a cup of phala every day at school." Below, children at Tumbi Primary School play during lunch time.



Group 7					
Funding awarded July 2015 £34,784 for school kitchens in Machinga district, Malawi					
School name	Total pupils at last report	Current enrolment boys	Current enrolment girls	Total current enrolment	Percentage change
Chikala 1	1,699	918	919	1,837	+8%
Chilimba	1,460	757	779	1,536	+5%
Lingamasa	1,155	623	643	1,266	+10%
Lingoni	658	349	358	707	+7%
Madziamera	1,936	988	1,024	2,012	+4%
Matanda	1,240	762	835	1,597	+29%
Shukurani	297	214	221	435	+46%
TOTALS	8,445	4,611	4,779	9,390	+11%



A member of our Malawi team recently visited Lingamasa Primary School and met Alesi Assani (pictured left), who volunteers her time to help cook the porridge for the students. She told us: "The feeding programme is something that is developing the community by ensuring our children are no longer hungry, when in school and out of school. This makes them full and strong at all times."

Fazila, 11, (pictured below) receives the meals that Alesi cooks and is grateful for the difference Mary's Meals makes to her education. She said: "I concentrate better in class when full and phala has also helped me perform well in class. I want to be a teacher when I grow up, just like my teacher."



Group 8					
Funding awarded June 2016 £59,166 for school kitchens in Mwanza district, Malawi					
School name	Total pupils at last report	Current enrolment boys	Current enrolment girls	Total current enrolment	Percentage change
Chidoole	1,023	523	572	1,095	+7%
Chikudzu	331	207	223	430	+30%
Ching'ombe	472	204	201	405	-14%
Chitapule	239	122	82	204	-15%
Chizumbi	952	472	530	1,002	+5%
Fumbe	448	315	306	621	+39%
Futsa	809	550	614	1,164	+44%
Kachere	441	204	211	415	+6%
Kadole	903	513	523	1,036	+15%
Kanjedza	825	380	430	810	-2%
Kapphirikamodzi	392	207	214	421	+7%
Maye	958	461	460	921	+4%
Mkantho	560	292	266	558	-0.4%
Michiru	482	288	298	586	+22%
Mphingwe	1,062	473	588	1,061	-0.1%
Mtsamika	605	409	374	783	+29%
Mwembedzi	1,307	602	624	1226	-6%
Namisi	390	252	214	466	+19%

Nthomba	182	108	96	204	+12%
Thetula	372	221	226	447	+20%
TOTALS	12,753	6,803	7,052	13,855	+9%

At Chikudzu Primary School (pictured right), volunteer Annie recognises the significance of school feeding and the impact it has on the children. She said: "Many children come to school hungry and because we do not have food in the homes and when they eat porridge they get energy which helps them to grow very well."

Lucia, 13, who is in Standard 6, has big aspirations for her future and knows that education can help improve her future. She said: "I would like to be a nurse when I finish school. School is important because I will be working in the future."

Children at Ching'ombe Primary School (pictured below) don't have to attend school hungry because of Mary's Meals. Martin, 14, said: "The phala gives me vitamins and energy and I am able to work hard in class. I know that school is very important because when I finish with school I will be able to work as a doctor. The phala encourages me to attend school every day."



Group 9					
Funding awarded July 2017 £62,049 for school kitchens in Chipata district, Zambia					
School name	Total pupils at last report	Current enrolment boys	Current enrolment girls	Total current enrolment	Percentage change
Chalumbe	869	570	433	1,003	+15%
Chamasongwe	466	245	263	508	+9%
Chisitu	1,070	496	497	993	-7%
Dambe	757	407	355	762	+0.6%
Katandala	851	336	381	717	-16%
Mburwe	342	216	226	442	+29%
Mchenja	855	338	351	689	-20%
Mtewe	810	416	421	837	+3%
Ngónzi	170	133	137	270	+59%
Nsanjika	1,226	509	543	1,052	-14%
TOTALS	7,416	3,666	3,607	7,273	-2%

At Chalumbe Primary School in Zambia's Chipata District, we spoke to Ainess Tombo, who volunteers to cook the meals for the children. She said: "I come to cook porridge for the children so that our community can produce literate people. Children love porridge and they come in big numbers to school and I strongly believe most of it has been influenced by the coming of the feeding programme."

Sibongile, 12, (pictured right) attends Chalumbe Primary School where Ainess is a volunteer cook. She said: "The porridge keeps me strong and I easily concentrate in class because I no longer have to worry to do extra work after school to have food."



At Chamasongwe Primary School, we heard from the principal Kashumba Malao. She said: "Pupils are spending more hours in school than ever. The school has improved in terms of pass rates too. Pupil retention had improved tremendously too. This is because parents are encouraging their children to be in school. This has been because of the value that the feeding programme has rebuilt in communities. Vincent, 12, attends Chamasongwe School. He said: "We farm for a living and most of the time we have to do piece works for food and other needs. Porridge helps me have strength to concentrate in class and be energetic."



Group 10					
Funding awarded October 2018 £60,269 for school kitchens in Lilongwe, Malawi					
School name	Total pupils at last report	Current enrolment boys	Current enrolment girls	Total current enrolment	Percentage change
Muzu	-	1939	1880	3819	-
Chitedze	-	690	746	1436	-
Chitipi	-	625	634	1259	-
Lingadzi	-	483	541	1024	-
Airbase	-	490	413	903	-
Mbabzi	-	1021	866	1887	-
TOTALS	-	5,248	5,080	10,328	-

Construction has begun on group 10 kitchens, which are due to be completed in March 2019. We look forward to updating Fondation Eagle upon the completion of construction.



Construction is under way at Muzu Primary School (left) and Chitipi Primary School (right).

Thank you

We are very grateful for the steadfast support of Fondation Eagle over the years. As Magnus said recently: "Please don't ever underestimate the enormous impact of each of your gifts. Today, 1,361,586 children around the world will eat one of our meals. Each one as a result of your kindness. Each one sustaining life, hope and joy."

The Mary's Meals THEORY OF CHANGE

