



## **Final report to Fondation Eagle – November 2020**

### **Covid 19 emergency: Further emergency food aid, hygiene products and clean water to support vulnerable street children and families in Naivasha, Kenya**

**Fondation Eagle Reference:** FF 553-36

**Name of Charity:** Footsteps International (UK registered charity number 1091026)

#### **Introduction**

On 12<sup>th</sup> October, 2020, Fondation Eagle accepted our project proposal and awarded a grant of GBP 9,772 to Footsteps International in response to the continuing Covid 19 emergency. We received the funds on 9<sup>th</sup> October.

This grant followed on from successful work we had carried out since the outbreak of Covid 19 in Kenya in March, much of which Fondation Eagle funded with a generous grant of £27,388, enabling us to make a rapid and effective response to the emergency.

When Covid 19 arrived in Kenya, the ensuing lockdown resulted in immediate mass unemployment as the flower farms shut down, tourism stopped and businesses, schools and children's centres such as our Sunshine street boys' rehabilitation centre were closed.

In our final report for the first grant submitted on 6<sup>th</sup> July, 2020, we detailed how we had provided emergency aid packs to families of the street boys from our Sunshine Centre, and other families who had lost most or all of their income. This action kept over 200 families intact and free from Covid 19.

However, by August it was clear that, while the actions we had taken had been effective, the crisis was far from over. We realised that we would need to continue to provide emergency aid until the end of the year, and were very grateful when Fondation Eagle invited us to apply for further funding to enable us to maintain this vital aid.

#### **How we used your grant**

Your second grant covered the cost of the aid distribution we made in November that reached 235 families (a total of 1,422 individual family members).

As before, the emergency aid was distributed primarily from the Sunshine street boys' rehabilitation centre just outside Naivasha, and the Naivasha Technical Training Institute and Bishop Wambari Girls Secondary School in Naivasha town. These facilities are walled or fenced, and have security guards which enabled us to distribute the emergency aid safely to those who needed it.

The three institutions had all closed because of the Covid 19 crisis, but, during November, the government instructed a partial re-opening, so the aid was delivered as children started to return.

Distribution of the aid was managed by our partner's Covid 19 emergency response committee which is chaired by Rev Simon Kinyanjui and attended by senior staff members from the three

institutions. This is a report on what they achieved in the November aid distribution funded by Fondation Eagle.

### **Sunshine street boys Rehabilitation Centre:**

**Budget ref 1.1, 1.2, 1.3, 3.1:** From the Sunshine street boys rehabilitation Centre we distributed aid packs to 115 families (a total of 676 individual family members). Each pack contained a month's supply of maize meal, beans, ndengu (green grams), wheat flour, porridge flour (uji), rice and large bars of soap, supplemented with green vegetables grown on the small Sunshine Centre farm.

Our aim was to keep the families well fed and healthy, and minimise the risk that boys would migrate back to the streets, so we gave the majority of the family aid packs to the families of the 140 former street boys we look after at the Sunshine Centre.

Many of the boys came to the Centre to collect their family's pack, giving our staff the opportunity to check on their well-being. We reached those that live in outlying areas (up to 200 km from the Sunshine Centre) by sending funds by Mpesa (cash via phone) to local stores for the families to pick up provisions that we had already paid for. The photos below provide highlights from the aid distribution:



*The provisions that made up the 115 family aid packs arrive at the Sunshine Centre ready for packing and distribution*



*The mother of former street boy Wayne Karanja washes her hands on arrival at the Sunshine Centre to collect her family aid pack*



*Sunshine Centre staff member Joseph Kamau and 'askari' (security guard) Zachary check and record the temperature of each beneficiary who arrives to collect an aid pack.*



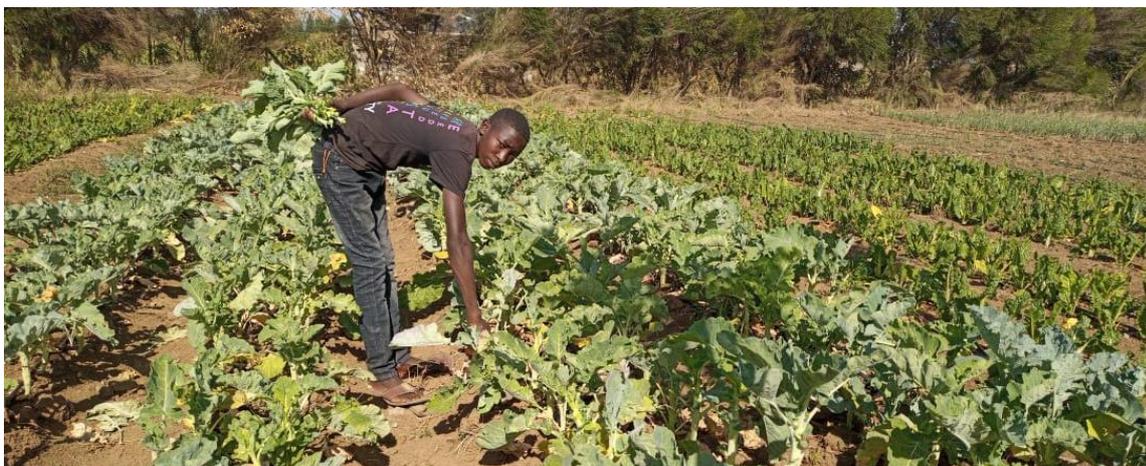
Sunshine Centre staff member Samuel Mburu reminds the boys and their families of the need to adhere to safety rules. The 'no handshake' rule is particularly difficult for Kenyan's as it is the normal method of greeting each other!



When former street boy John Wafula came to collect his family's aid pack, our staff were able to check that he was staying in good health during the lock down.



Stephen Kimani collects his family aid pack from a store in Molo. His home is 120 km from the Sunshine Centre, so we paid for the pack using Mpesa.



We were able to continue to invest in the Sunshine Centre farm, which provided fresh vegetables for the Sunshine Boys and their families – a source of vitamin C that helps combat Covid 19

**Follow ups:** The Sunshine Centre staff made several follow up visits and phone calls to beneficiary families to check on their health and well-being and to find out what impact the aid packs had made. Here are some photos and brief summaries of what they said.



**Stephen Kimani, Joseph Mbugua and Ellah Kiragu, Molo**

When the schools and Sunshine Centre were closed, Ellah asked for her grandsons Stephen Kimani and Joseph Mbugua to be sent to live with her during the lockdown. This was the first time she has cared for them. She told our staff, “The boys came with blessings I have never fathomed because since March the two boys and the rest of my family have been receiving food aid every month, which has been a big miracle during this pandemic era. May God bless all those who have supported us with food and soap for 8 months without prior knowledge of us.”

**Rono, Mishek and Regina Tuwei , Rongai**

Since the Sunshine Centre was closed at the start of the Covid lockdown in March, former street boys Rono and Misheck have been staying with their aunt Regina Tuwei (photo left) and their grandparents in Rongai, 100 km from the Centre. The boys’ mother has abandoned them and her whereabouts are unknown.

When she received her aid pack in November, Regina said, “Our whole family is thankful as we have never missed any food since the boys came home at the start of the Covid 19 break.”



**Julius Mwangi and Eveth Waitherero**

The Sunshine Centre social worker Simon Kuria visited the home of former street boy Julius Mwangi to see how he and his family were managing. He reports:

I went to Kinungi to visit Julius Mwangi's home to check on him and other Kinungi beneficiaries. I made each visit as quick as possible under strict adherence to the current Covid 19 health measures to protect the beneficiaries and myself too.

On arrival at Julius' home I found the family very happy. Julius’s mother Eveth Waitherero came out of the house together with 6 of her children. She was quick to say thank you very much for aid received, and that she has never lacked food.



She said, “Ngai arathime Sunshine (meaning May God bless Sunshine) and whoever gives this aid - may God meet their needs in a big way”. Then, led by her small son Felix Githambo, they sang a well-known Sunday school song about Elijah and the ravens.

### Summary:

Thanks to the massive support we have received from Fondation Eagle, both with this grant and the grant made in April, we have been able to meet our prime objective of keeping our former street boys safe and healthy at home, and have avoided them returning to the street to scavenge for a living. When we spoke to senior staff member Rebecca on the phone recently, she told us, “Because of Covid, there are many boys back on the streets of Naivasha again, but none of them are ours!”

### Naivasha Technical Training Institute (NTTI) and Bishop Wambari Girl’s School

#### Budget ref 1.4 -1.8, and 3.2 and 3.3:

Our target was to provide emergency packs to 120 vulnerable households in Naivasha town, and to issue clean water free of charge to encourage hand washing.

We first started this activity in April with the help of the first grant from Fondation Eagle and were able to continue in November using the second grant received in October.

We used the Naivasha Technical Training Institute as the base for safe distribution of emergency aid packs, recording the details of each beneficiary on arrival. We provided each family with basic food, hygiene products and vegetables from the small farm at the adjacent Bishop Wambari School. We took the opportunity to also give them Covid 19 safety advice and general encouragement and prayers.



*November’s family aid packs ready to for distribution to 120 families from the Naivasha Technical Training Institute*

In total we helped 120 families, with a total of 746 beneficiaries. The following photos below provide highlights from the aid distribution:



*‘Askari’ Ochuro conducts temperature checks as beneficiaries arrive at the main gate.*



*Hannah Wanjiru hand washes before collecting her aid pack*



*We recorded the situation of each of the beneficiaries as they collected their aid packs.*



Some of the 120 vulnerable families who collected emergency packs from NTTI



Left: Mama Muthoni (Ngima) - since 1978 she has suffered discrimination from her community due to her facial disability. She was one of the vulnerable people who benefited from November food aid. She was very excited as she has 11 children and other grandchildren who directly rely on her as she is a single parent. She said that it was a miracle to receive the package and prayed that God may bless the source.



Above: Director Rev Simon with girls from Bishop Wambari School who came to collect aid packs and vegetables grown on the school farm plot



We distributed 40,000 litres of free fresh water from the NTTI borehole, helping families stay healthy. Monicah Gatabaki (above right) told us, "I lost my income because of Covid, but I was able to collect water and that has helped my family budget stretch further especially at a time when the amount of water we need has risen because the children have been at home all day. Bwana awabariki sana (God bless you greatly)".

**Follow ups:** The NTTI and Bishop Wambari School staff also made several visits to beneficiary families to check on their health and well-being, and to find out what impact the aid packs had made. Here are some photos and brief summaries:



Mary Wangeshi lives with disability and has been struggling to put a meal on the table. She has been depending on her daughter Nyambura who is a casual worker. She was very happy when our team dropped food to the family. She said, “May God bless the giver so much”.



Our team also dropped food aid to Caroline Kwambuka’s family. The family were very grateful for the help they had received (this was the second time they had received an aid pack).

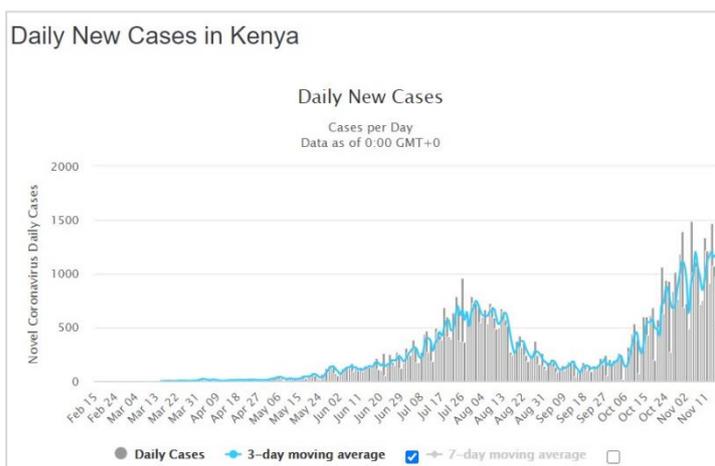
### Boosting health and safety measures

#### **Budget ref 2.2 – 2.25:**

As the Kenya government has started to encourage businesses, schools, colleges and children’s centres to start re-opening, there has been an upsurge in cases of Covid 19.

We therefore need to protect our staff and beneficiaries, and to share knowledge about Covid with those who are at risk due to ignorance and poverty.

During November, we used the grant from Fondation Eagle as follows:



Covid 19 is on the increase in Kenya as the restrictions relax. Source: <https://www.worldometers.info/coronavirus/country/kenya/>



We provided 440 reusable face masks and hand sanitizers for our staff and vulnerable families when they collected emergency aid packs.



We provided 240 packs of sanitary towels for girls from poorer families, including students from Bishop Wambari School and NTTI.



The Form 4 girls returning to Bishop Wambari school received training on how to stay safe from Covid 19



Staff and boys returning to the Sunshine Centre received **Covid 19 prevention training** facilitated by lead officers from the Department of Public Health - Dr Henry Wamae and Joash.

### Challenges

The team in Naivasha that delivered the project is the same team that has been overseeing the aid programme since April (much of which was funded by Fondation Eagle's first grant to us). After each distribution, the team members met to learn lessons to improve the next round, so they were able to deliver the November aid smoothly, efficiently and safely.

The main risks that they managed successfully included:

1. Avoiding a rush from people seeking help. We managed this by operating from premises which have limited access and are guarded by 'askaris', by inviting beneficiaries to come at a specific time, and completing the aid distribution quickly before word got around in the community that there was help on offer.
2. The risk of contracting and spreading Covid 19 was mitigated by providing facemasks, gloves, sanitizers and hand washing points, and checking the temperature of beneficiaries on arrival.

- Another risk identified was lack of availability of the items needed to make up the emergency aid packs. We mitigated this by visiting suppliers and placing orders early, obtaining guarantees those items would be available on the required dates.

### Expenditure summary

Our estimated cost for the project was 1,358,350 Kenya Shillings (KES), and we used a rate of GBP 1 = 139 KES for our budget. We received the Fondation Eagle grant of GBP 9,772 on 9<sup>th</sup> October, and transferred the funds to Kenya in a single instalment 14<sup>th</sup> October. We obtained an actual exchange rate of GBP 1= 139.54, resulting in a small gain of KES 5,254 (GBP 38).

The project was delivered with a minor overspend of GBP 16, but we reached 235 families (our target was 220). The table below provides a summary, and there is an itemised cost breakdown in the Annex.

Ref	Budget and expenditure summary	Budget		Actual		Variance
		Nov-20		Nov-20		Nov-20
		KES	GBP	KES	GBP*	GBP
		<i>GBP 1 = KES 139</i>				
1	Provide emergency food, hygiene and fresh water to 220 families	960,000	£6,906	962,515	£6,898	-£9
2	Boost health and safety measures for vulnerable families and aid distribution team	167,200	£1,203	164,640	£1,180	-£23
3	Provide free fresh vegetables	42,500	£306	49,507	£355	£49
4	Logistics: travel, fuel, transport, airtime, admin	188,650	£1,357	189,250	£1,356	-£1
	<b>Total emergency aid for 4 months</b>	<b>1,358,350</b>	<b>£9,772</b>	<b>1,365,912</b>	<b>£9,789</b>	<b>£16</b>
	<i>*Actual exchange rate achieved was GBP 1= KES 139.54</i>					

### Results

Asset	Situation before	Situation in November
Sunshine street boys Rehabilitation Centre	In March, 140 former street boys were sent back to live with their families, placing them at high risk of reverting to the street for survival.  Many of the boys' families found their already meagre incomes reduced.  The families lacked knowledge and resources to combat Covid 19.	By safely distributing emergency aid packs of food, fresh vegetables, hygiene products and healthcare advice, we have kept 115 families (676 individual family members) in good health and Covid-free. To the best of our knowledge, none of the (former) street boys we care for had reverted to street life. Your grant has paved the way for the Sunshine Centre to start to re-open, with a limited number of boys returning in November and the remainder planned to return in the new year.
	Beneficiaries lack fresh vegetables and vitamin C to keep them healthy.	We continued to invest in the small farm at the Sunshine Centre and were rewarded by having plentiful supplies of fresh vegetables to give to beneficiaries as part of their aid packs, helping them maintain a healthy, balanced diet that reduced the risk of Covid 19.

<p>Naivasha Technical Training Institute (NTTI)</p>	<p>In March, Kenya’s Covid 19 lockdown caused closures of hotels, restaurants and bars. All education institutes were shut, and travel restrictions imposed.</p> <p>This resulted in high levels of unemployment and reduced incomes for many people living in Naivasha who were employed as flower farm workers, bar waiters, quarry workers, market stallholders and casual labourers.</p> <p>Without help, these people were immediately at risk of hunger and disease.</p>	<p>In November, we supported 120 families (746 individual beneficiaries) with emergency packs of food, hygiene materials and vegetables.</p> <p>The food distribution day provided an opportunity for prayers, and advice about social distancing and health care, helping keep families strong and healthy during the crisis.</p> <p>We stabilised the families, provided food for their children, and reassured them that someone cared for them in their hour of need.</p> <p>We provided hope to our needy students and trainees of Bishop Wambari Girls School and NTTI, and with their families.</p> <p>November’s distribution was a continuation of the aid we have been providing (with significant help from Fondation Eagle) since April. To the best of our knowledge, none of the families we supported has been affected by Covid 19, and, while still struggling financially, they are surviving.</p>
	<p>As there is little piped water in Naivasha, most people have to buy water from boreholes and vendors. For poor people, the cost of extra hand-washing to combat Covid 19 would be prohibitive.</p>	<p>By providing 40,000 litres of safe borehole water free of charge to disadvantaged households, we ensured that the families could increase hand-washing and hygiene as a means of combatting Covid 19.</p>
<p>Education and training</p>	<p>Our staff and beneficiaries had little knowledge of what to do to combat the risk of catching and spreading Covid 19.</p> <p>The staff were at considerable risk as they tried to help others. The Sunshine Centre, NTTI and Bishop Wambari School were closed.</p>	<p>By providing PPE, sanitizers, hand-washing facilities and monitoring temperatures we have minimised the risk of staff and beneficiaries catching Covid 19. As children have started to return to the three institutions, the staff and children have been trained on the behaviours needed to minimise the risk of Covid 19. This knowledge is being passed on to families in the surrounding area. As the lockdown eases but the number of cases of Covid 19 generally in Kenya continue to rise, this will be essential for keeping our beneficiaries and staff safe and well.</p>

### **What next?**

In March, along with the rest of the world, we hoped that the effects of Covid 19 would subside after three months and that life in Kenya would return to normal. This has not been the case, and, as the Kenya government has started to ease restrictions and reopen schools and children’s centres, the level of Covid 19 has started to rise again.

The support Fondation Eagle has given us has enabled us to take prompt and effective action to minimise the impact of the pandemic for 235 vulnerable families (1,422 individual family members) in Naivasha, Kenya. Our (former) street boys are safe and well, and their families, and many other disadvantaged families have survived and been encouraged by the help they have received. Many are amazed that people who do not know them have reached out to help them.

As boys start to return to the Sunshine Centre, trainees resume their courses at NTTI, and girls restart their education at Bishop Wambari School, we are turning our attention to how we can keep them socially distanced and safe. If we are to win this battle, we will need to fight on for many more months to come.

### **Acknowledgment**

Once again, we are enormously grateful to Fondation Eagle for supporting our efforts to combat the impact of Covid 19 in street children and vulnerable families in Naivasha. Without your support, many of our beneficiaries would be close to starvation and dying from Covid 19.

Our final thanks comes from Rev Simon Kinyanjui, director of our projects in Kenya:

*"I wish to take this opportunity to express my heartfelt gratitude to God for another successful emergency aid distribution. I wish to thank Fondation Eagle for the provision of the funds, and my response team for risking their lives in course of this noble responsibility.*

*I thank God for having chosen me to oversee this ministry to the poor. It has been an honour to serve them and to ensure they received the best service and goods.*

*May God bless you all."*



## Annex

The table shows our original budget for our November aid distribution, our actual expenditure and variances. The Sunshine Centre, NTTI, and Bishop Wambari Girls School have kept receipts and expenditure records that are available for inspection if required.

Footsteps International: Building on Success – further Covid 19 support for vulnerable street children and families in Naivasha, Kenya								
GBP 1 = KES 139								
139.54								
Ref	Institution	Item/Activity	Nov 20 budget (KES)	Budget expenditure (GBP)	Actual expenditure (KES)	Actual expenditure (GBP)	Variance (KES)	Variance (GBP)
<b>1</b>	<b>Provide emergency food, hygiene and fresh water to 220 families</b>							
1.1	Sunshine	Emergency food pack for 100 street boy families	450,000	£3,237	450,125	£3,226	125	-£12
1.2	Sunshine	Sanitizers/Soap for 100 street boy families	55,000	£396	54,630	£392	-370	-£4
1.3	Sunshine	Packaging for emergency packs for 100 street boy families	20,000	£144	20,400	£146	400	£2
1.4	NTTI	Emergency food pack for 120 households - Naivasha town	312,000	£2,245	314,080	£2,251	2,080	£6
1.5	NTTI	Soap for 120 households - Naivasha town	36,000	£259	35,280	£253	-720	-£6
1.6	NTTI	Packaging for emergency packs for 120 households - Naivasha town	12,000	£86	13,000	£93	1,000	£7
1.7	NTTI	Supply free borehole water from NTTI to 120 households to improve hygiene (electricity and water extraction licence)	55,000	£396	55,000	£394	0	-£2
1.8	NTTI	Supervise issue of free water	20,000	144	20,000	143	0	-1
	<b>Total Emergency Food and fresh water</b>		<b>960,000</b>	<b>£6,906</b>	<b>962,515</b>	<b>£6,898</b>	<b>2,515</b>	<b>-£9</b>
<b>2</b>	<b>Boost health and safety measures for vulnerable families and our aid distribution team</b>							
2.2	Sunshine	Reusable masks 100 street boy families x 2 pcs	20,000					
2.3	Sunshine	Alcohol – based sanitizers for food distributors (20 members of staff x 6 pieces)	4,800					
2.4	Sunshine	Latex gloves for food distributors (20 members of staff, 3 pkts)	2,400					
2.5	Sunshine	Disposable masks for Emergency response team (2)	13,000	£329	45,700	£328	0	-£1
2.6	Sunshine	Portable disinfectant spraying kit x 2	-					
2.7	Sunshine	Spray Disinfectants for surfaces	3,000					
2.8	Sunshine	Foot operated hand washing stations (2)	-					
2.9	Sunshine	Liquid soap for hand washing machines	2,500					
2.10	Sunshine	Emergency Response Team / Staff Training on Covid -19	30,000	£216	30,000	£215	0	-£1
2.11	Sunshine	Digital temperature gun	-	-	-	-	-	-
	<b>Total Sunshine</b>		<b>75,700</b>	<b>£545</b>	<b>75,700</b>	<b>£542</b>	<b>0</b>	<b>-£2</b>
2.14	NTTI	2 Reusable Masks for 120 households - Naivasha town	24,000					
2.15	NTTI	Sanitary Towels (240 packs)	19,200					
2.16	NTTI	Foot operated hand washing stations (2)	-					
2.17	NTTI	Portable disinfectant spraying kit x 2	-					
2.18	NTTI	Spraying disinfectant	3,000					
2.19	NTTI	Spraying PPE	-					
2.20	NTTI	Digital temperature gun	-					
2.21	NTTI	Disposable Masks for distribution staff x2	13,000	£455	63,940	£458	-2,560	£3
2.22	NTTI	2 Latex Gloves	1,600					
2.23	NTTI	20 Ltrs of Liquid Soap	2,500					
2.24	NTTI	4 Alcohol Based Sanitizers for response team	3,200					
2.25	NTTI	Emergency Response Training on Covid-19	25,000	£180	25,000	£179	0	-£1
	<b>Total NTTI</b>		<b>91,500</b>	<b>£635</b>	<b>88,940</b>	<b>£637</b>	<b>-2,560</b>	<b>£2</b>
	<b>Total Boost health and safety measures for vulnerable families and our aid distribution team</b>		<b>167,200</b>	<b>£1,180</b>	<b>164,640</b>	<b>£1,180</b>	<b>-2,560</b>	<b>£0</b>
<b>3</b>	<b>Provide free fresh vegetables</b>							
3.1	Sunshine	Farm inputs, labour	6,500	£47	6,350	£46	-150	-£1
	<b>Total Sunshine</b>		<b>6,500</b>	<b>£47</b>	<b>6,350</b>	<b>£46</b>	<b>-150</b>	<b>-£1</b>
3.2	Wambari	Farm Inputs	26,000	£187	33,257	£238	7,257	£51
3.3	Wambari	Water Cost	10,000	£72	9,900	£71	-100	-£1
	<b>Total Wambari</b>		<b>36,000</b>	<b>£259</b>	<b>43,157</b>	<b>£309</b>	<b>7,157</b>	<b>£50</b>
	<b>Total Provide free fresh vegetables</b>		<b>42,500</b>	<b>£306</b>	<b>49,507</b>	<b>£355</b>	<b>7,007</b>	<b>£49</b>
<b>4</b>	<b>Logistics: travel, fuel, transport, airtime, admin</b>							
4.1	Sunshine	Logistics: travel, fuel, transport, airtime, Documentation (Stationeries/photography/digital)	120,000	£863	120,000	£860	0	-£3
4.2	Sunshine	Documentation (Stationery/Printing)	15,000	£108	15,000	£107	0	£0
4.3	NTTI	Logistics: Travel, Fuel, Transport, Airtime	43,650	£314	43,650	£313	0	-£1
4.4	NTTI	Stationery/Documentation	10,000	£72	10,600	£76	600	£4
	<b>Total Logistics: travel, fuel, transport, airtime, admin</b>		<b>188,650</b>	<b>£1,357</b>	<b>189,250</b>	<b>£1,356</b>	<b>600</b>	<b>-£1</b>
	<b>Grand Total Sept to December 2020</b>		<b>1,358,350</b>	<b>£9,772</b>	<b>1,365,912</b>	<b>£9,789</b>	<b>7,562</b>	<b>£16</b>