

#### **IMPACT** Foundation

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Personal Protective Equipment (PPE) for health workers in eight IMPACT-supported clinics and hospitals in the Terai region of Nepal; and emergency food parcels for vulnerable families

Date grant received: 8<sup>th</sup> October 2020

Amount of grant: GBP 18,942

### Summary

Thank you for supporting IMPACT's response to the outbreak of Covid-19 in Nepal. Your generous grant of October 2020 has enabled our local partners to provide Personal Protective Clothing (PPE) for health workers at eight IMPACT-supported clinics and hospitals in the Terai Region of Nepal. These PPE sets have been distributed to the health facilities and we look forwarding to sending you a full impact report on this intervention at the end of the grant period. This current interim report focuses on the food aid distribution, which you generously funded for 300 impoverished families.



IMPACT Nepal's Primary Ear Care Centre in Rautahat District is one of the eight health facilities to have benefited from your PPE grant. A full impact report will be filed at the end of the grant period.

In common with nearly all parts of the world, Coronavirus restrictions have prevented people in Nepal from going out to work and toppled many living precarious handto-mouth existences into extreme poverty. The World Food Programme estimated in November 2020 that there were 2.8 million food-insecure people across the country and 1.84 million malnourished pregnant and lactating women.

'Nepal has suffered the most sudden unexpected and widespread termination of economic activities due to the outbreak of the Coronavirus. The Covid-19 situation has caused the shortage of essential supplies, food, drugs and medical supplies. Many daily wage labourers, poor, marginalised, vulnerable people and those families who depend on remittances are struggling to survive under this threat, and people with disabilities are at increased risk. They need our special attention and help.' – Ramakanta Paudel (IMPACT Nepal Programme Manager)

Thanks to support from Fondation Eagle, IMPACT Nepal have been able to provide emergency assistance to 330 families facing hunger as a result of the crisis. 230 of the food parcels were distributed in Rautahat District, and 100 parcels in neighbouring Bara and Parsa District, where we have a long-standing presence due to the location of IMPACT's Ear Care Centre/Hospital in the town of Birgunj.

Each beneficiary family has received a food package containing 30kg rice; 3kg of lentils; 2 litres of cooking oil; salt; and 4 bars of hand soap. Facemasks were also given out at each distribution point.

# Preparatory work

The project was planned in conjunction with Female Health Volunteers linked to the local Health Posts that IMPACT Nepal partners with. They were tasked with identifying the poorest families in each area and ensuring that that people with disabilities were prioritised, as well as households headed by single women, or families with orphans in their care. Beneficiaries were given a coupon indicating the location and time to collect their package. 'Soap, water and sanitiser was managed at each relief distribution site so that the recipient could wash their hands before and after taking the relief. Mass briefing about sanitation against COVID was done at the relief collection points too, and masks and soap included in the packages. Persons with severe disabilities who were not be able to come to the collection point were visited in their homes by our staff and volunteers.' -

Photographs showing the distribution of food relief in Parsa/Bara and Rautahat districts



Ramakanta Paudel (IMPACT Nepal Programme Manager)













#### The individual IMPACT – compiled by IMPACT Nepal

Mr Nandu Mahato and his wife, Mrs Sabita Kumari, are both blind. Nandu lost his eyesight (both eyes) when he was eight, due to medical reaction. Similarly, Sabita lost her eyesight when she was four due to an eye infection. They married when they met each other during braille classes (educational method for people with blindness), they have two young daughters.

As it was an inter-caste marriage, both of their families and societies did not accept their marriage; so they have suffered a lot. Although both of them are educated, they



have familial and social suffering in addition to physical insufficiency (such as lack of drinking water and electricity in their home). They used to prepare and sell camphor to make their living but the pandemic lockdown affected their life, as it has done to so many others. They could not sell the camphor during this situation and they have faced many problems to earn enough to eat even one daily meal during this Covid pandemic.

One big-hearted neighbour supported them for a little while but latterly they have had to borrow money to survive. They have not got any support from the government or any other organisations. Mr. Nandu is also skilled in making bamboo chairs but there is a lack of market due to widespread poverty now and his skill has become useless. He has also has skill of making soap and washroom cleaner; however, he does not currently have money to buy the raw materials. In their challenging situation, the relief package they received has helped a lot to support them. - (IMPACT Nepal)

Mrs. Hira Devi is physically disabled. Her husband died four years ago. Although she has five children who are grown, none of them are helping her (as they should by tradition) and she is surviving alone with many hurdles.

A few years ago, her leg was fractured, became infected and had to be amputated; "I felt as if I fell from the sky that day," said Mrs. Hira Devi. As the days were passing with sorrows, she could not see with her right eye. She was taken to eye hospital but even after surgery, her vision was not improved. Since then, she has been living a hard life and the situation of Covid has created further difficulties for her survival.



She was so happy to receive this food support from you as she said she has always felt unnoticed by the government and was suffering a lot until she was noticed by IMPACT. She thanked us a lot for this great support to people with disabilities' - (IMPACT Nepal)

# Thank you

Thanks to you, IMPACT Nepal has been able to care for 330 families who have been struggling financially because of the pandemic – and often going hungry – through the provision of food parcels. It is estimated by our field workers on the ground that 1,980 people have benefited as a result of this grant. 'We are indebted to our generous donor for helping these families at their time of great need. During the pandemic, it is very difficult for people who live hand up to mouth due to financial crisis and even more so again for disabled people. Your support to those needy people for grocery and related materials during this difficult situation is really beneficial to them.' - Ramakanta Paudel (IMPACT Nepal Programme Manager)

In our final report in October 2021, we look forward to updating you with regards to the PPE items which have been distributed to four IMPACT health centres and four partner facilities in the Terai Region.

# Expenditure report

Item	Cost £	Expenditure
600 x Personal Protective Equipment (PPE) packs for health care workers in		
8 IMPACT supported clinics including Auraiya Birthing Centre. PPE pack		
includes: 3 ply surgical Masks, Goggles/eye protectors, Gown, Disposable		
Gloves, Head cover, Shoe cover, Sanitiser	11,400	11,400
8 x Infrared thermometers	240	240
Emergency food parcels for 300 families	5,900	6,490*
Transportation and logistics	500	500
Sub Total	18,040	18,630
Project Management @5% (IMPACT Nepal)	902	902
Grand Total	18,942	19,532

Exchange rate based on 1 GBP = 1.31 USD (11.08.20)

<sup>\*</sup> Budget note: There was an overspend of £590 because IMPACT Nepal supported 330 families in total (300 were budgeted for initially). IMPACT UK has supplemented the budget with additional funding generated by our Coronavirus emergency appeal.