

IMPACT Foundation

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File form: 058-2109 Final Report for the Eagle Foundation - October 2021

Emergency food assistance for destitute people – Rautahat and Bara districts, Nepal

Funds received: 21/04/21 Amount of grant: GBP 19,425

Conversion rate: Exchange rate based on 1 GBP = 163.22 Nepalese Rupee (NPR) (04/03/21)

Total number of beneficiaries: 301 families / 1,802 people in total

Expenditure: GBP 19,425

Background:

Your generous grant provided emergency food assistance for 301 families whose livelihoods have been impacted by the pandemic and/or have a disabled member, in Durga Bhagawati (Rautahat District) and Jitpur Simara (Bara District). Both locations are in the Terai region – an area on the border with India which has been deeply affected by the second wave of COVID-19 in Nepal.

The second lockdown in Nepal was announced to combat the spread of the delta variant. All the offices, shops and businesses were closed. This meant that people who earn on a daily basis and live a hand to mouth existence became very vulnerable. And in particular members of society who were already excluded, exploited and isolated – such as people with disabilities and older people. Although the lockdown is an effective way in helping to break the chain of Covid-19, it has put at risk many lives in other ways. Local governments were charged to address the needs of vulnerable groups, including persons with disabilities, but they do not have resources to meet the vast need. The WHO agreed that the country is in urgent need of emergency aid during the crisis. So taking all these things into consideration and to reduce the people's misery and suffering, IMPACT Nepal is grateful for this donation which has helped distribute essential grocery items to persons with disabilities and persons from poor and marginalised groups' — IMPACT Nepal.



Report on activities:

IMPACT Nepal received urgent requests from the municipal authorities in Durga Bhagwati in Rautahat District and Jeetpur Simara in Bara District for help in providing food aid to vulnerable people. IMPACT Nepal has worked in these areas over many years and knows the communities well. With cooperation from government 'Female Health Volunteers', staff at local Health Posts and community leaders, it was possible to identify the people most in need of assistance and undertake a mapping exercise in order that food could reach those most in need speedily.

In order to avoid over-crowding at distribution points, volunteers visited intended recipients in their homes to initially offer the assistance and hand out coupons giving a specific time and date for food collection. Disabled people who were unable to reach a collection point were able to nominate a neighbour or family member to act on their behalf.

Strict Covid safety precautions were in place at each food distribution point. Masks were distributed to all recipients and soap, water and hand sanitiser was in place for everyone to wash their hands before and after receiving their food packages. Coronavirus health briefings were also delivered to all in attendance.

Food packages contained a three-month supply of rice, pulses, cooking oil, salt, soap and masks. 176 families benefited in Durga Bhagwati (comprising 1,059 people) and 125 families in Jeetpur Simara (comprising 743) people.





















Case stories:

'I am Kalyan Yadav, aged 27 years. There are 10 members in my family and the source of income for our livelihood is agriculture and animal husbandry for running the family. I was born with disability and have one leg and one hand to run my daily life. I would like to be a teacher to set an example to my society which will encourage my juniors with disability and give message to parents for not to take disability as the curse of god. I am very happy that IMPACT Nepal has made arrangements for the distribution of relief materials for the disabled people during such pandemic situation. IMPACT has come as one of components of god for us. I would also like to request IMPACT Nepal to do something to improve the living standards of people with disabilities in such situation.'





'I am Alisha Kumari Shah. I am 11 years old. I live with my parents and sisters in my family. Though my father is a farmer and economically not sound, he is serious about my good studies. He wants to see me as a doctor in future. I also feel I will be able to be a doctor. My body has not grown physically in ratio of my age. So I look like dwarf and I have got disabled identity card by municipality also. This problem is not seen in other members of my family. My parents do not make me feel that I am disabled and they love me a lot. There is no difference in behavior by others towards my sister and me. I feel weak physically despite my good mental capacity. I cannot run and bear weight as my friends can. I have to take help of others even for riding on my school bus. Lockers of schools and even toilet are upper than me, so I experience difficulty. Government and Public places are not disabled friendly in Nepal. I hope

situation will change with time and disabled people like me also will have good life in future. Today IMPACT Nepal has facilitated our family's livelihood by providing food essential items during these difficult days of Covid.'

'Mr. Pramod Das (28) has physical disability and has very sad life history. He lives with his parents and is unmarried. He was not disabled during his early life. He is educated and has completed his Bachelors in Education. Once he was travelling by bus to Kathmandu to appear in Teachers Service Commission exam in 2016, he met a bus accident. The bus fell in Trishuli river on the way 200 ft. below the road and many people died in that accident. After 12 hours effort of Nepal Police, all bodies were sent for postmartum considering them dead. On postmartum table, doctors found Mr. Pramod heart still functioning slowly and he was sent to ICU. In ICU, he was kept for six months and then transferred to general ward in the hospital. As his leg bone had got fractured into many pieces doctor cut his right leg as it was not possible to rejoin it. He was the only live person in that accident and now he is running his life with sorrow and joy. Due to this, he has become unable to earn for his daily needs and this is made even more difficult in pandemic. When IMPACT Nepal team reached to him with relief materials, he became very happy and thanked to us for providing him relief during such difficult situation of his life. Mr. Das represents many people with disability in country and relief support to such needy people by IMPACT Nepal has fulfilled their hunger during this difficult situation of lockdown due to Covid-19.' - IMPACT Nepal



Conclusion:

Covid-19 infection is not the only risk from the pandemic. So many people around the world face food insecurity and hunger as a result of job losses or lockdowns. Thank you for helping IMPACT Nepal to take action to mitigate this within the communities they serve: 'Due to lockdown and the effects of Covid-19, we found that so many disabled people and their families were suffering from hunger, especially those people belonging to the labour and working classes, who rely on daily wages for their survival. Your donation has helped them to overcome the sorrow of this difficult phase. The support was highly appreciated by the people who benefited and also by the local authorities. Thank you from all of us at IMPACT Nepal.'—IMPACT Nepal



Expenditure:

	3 month supply for 300 families	Expenditure
Emergency food assistance parcels	18,000	18,000
30 kg rice	13,500	13,500
Salt	900	900
Dal (pulses) 3kg	1,800	1,800
Cooking oil 2 litre	900	900
Soap	900	900
Logistics and transportation	500	500
Sub-total	18,500	18,500
Project Management @5%	925	925
Grand total	19,425	19,425

Exchange rate based on 1 GBP = 163.22 Nepalese Rupee (04.03.21)