

# M.E.A.K – Interim Report for Fondation Eagle: June 2021

## MEAK Feeding Programme, Laikipia & Nyandarua Counties, Kenya

### Donor:

Fondation Eagle, Switzerland

### Donor's reference:

FF 0591-2115

### Charity:

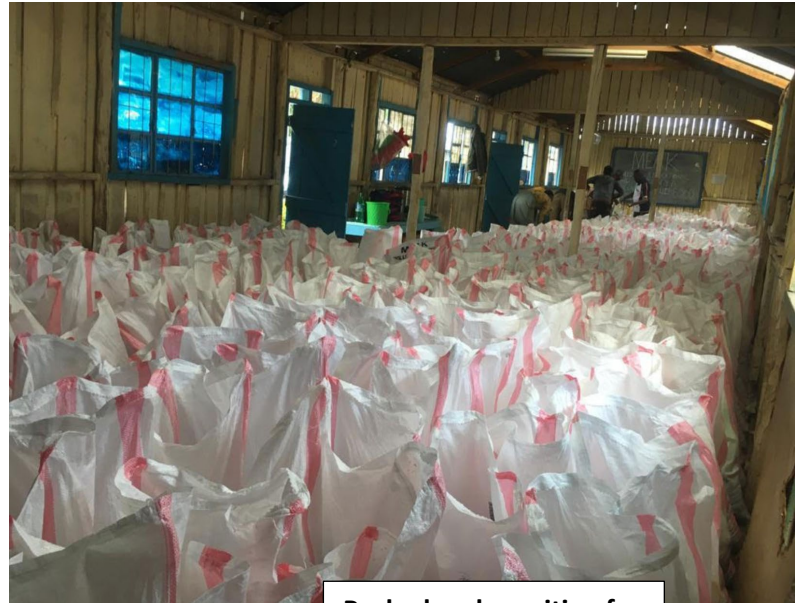
Medical & Educational Aid to Kenya (UK)

### Date of acceptance:

13<sup>th</sup> April 2021

### Date donation received:

- 18<sup>th</sup> April 2021
- **Amount of Donation:** £19,787.35
- **Duration of project:**
- **The project was completed in two separate locations, over 10 days**
- 1<sup>st</sup> stage - 29<sup>th</sup> May 2021 – 3<sup>rd</sup> June 2021 – Total expenditure, Ksh 1,462,630 = £10,228.18



Packed sacks waiting for distribution

### Estimated number of beneficiaries:

A total of **462 households** received **foodstuffs**, enamel cups & plates, aluminium cooking pots, shukas and blankets and some received roofing, totalling 2,772 of the most deprived and needy people.



## **6<sup>TH</sup> FEEDING PROGRAM REPORT AT MARALAL, SAMBURU COUNTY FOR LOCATIONS; LOKIRDINGAI, FOREST, MILIMANI JUU, LPUSI, LPETPETR, LKETURAI**

**DATE: JUNE 2021**

### **PREFACE**

The 6<sup>th</sup> MEAK feeding program, on this occasion was funded by Fondation Eagle, that saw us return to the Maralal area in Samburu, and presented our established Kenyan team with their most testing and difficult challenges to date

MEAK Covid-19 feeding program since inception in November last year has been able to carry out 9 successful missions feeding over 7,200 households with an approximate of nearly 40,000 people. This was after the many successful medical missions for the past 25 years that was halted by the corona virus pandemic. Thanks to co-founder of MEAK, Mike and Dee Belliere whom with love, sacrifice and dedication that have the missions rolling and all the donors, team that have made everything a success in feeding the needy, disabled, acute malnutrition cases, aged and people with terminal diseases.

Samburu county is listed by the Kenya red cross society and other donor agencies as drought prone region with high malnutrition and listed as ASAL (Arid & semi-arid land). The Kenyan meteorological department has also raised a red alert several times anticipating a shift in weather patterns which could lead to prolonged dry spells and occasional torrential rains.



*Early sunrise at Samburu county while having breakfast enroute.*

The inhabitants of Samburu are mostly pastoralists, and herders, and, as a result, the migration of young men with their animals in search of pasture and water often leaves the aged, women and children without adequate means of support. It must be borne in mind that these communities do not practice crop farming. Those left behind will often have to endure hardships with shortages of water and food difficult to comprehend for those living in the West





MEAK, using the experience gained on the previous feeding programmes have, with the help of the local Chiefs, endeavoured to seek out and help those in the most need. To this end the aged, people living with disabilities and single mothers with large families were prioritised



*Orphans receiving donations courtesy of MEAK & FE*

This being the 10th MEAK Covid-19 relief feeding program and the 6<sup>th</sup> to Samburu, the team used their experience and came up with a better and more suitable formula to offer the most beneficial help to these destitute people, for example, through some previous observations made, we deemed it necessary to replace the purchase of cabbages with high density PVC roofing polythene sheet since we found out almost 90% of the houses we fed had leaking roof.



*Team helping in roofing a leaking house*

Food was obviously our number one priority and an allocation to each family was made up of 7kg maize, 3kgs beans, 3kgs rice, 2kg sugar, 3kg porridge millet flour, 1kg cooking oil, 1kg of bars of soap, 1kg salt, 250g tea leaves and washable masks. Part of the funding was diverted to the provision of cooking pots ( sufurias ) enamel mugs, plates, blankets, toga (shukas) and items of clothing which had been donated by well-wishers. The decision to divert some of these funds to the purchases of above mentioned items





was because we found out that in an average house of 8 people, they have average of a couple cups, a couple of plates meaning they have to share in between them during meal time, One or cooking pots, rugged clothes or old hide skins for beddings and hence provision of blankets and some maasai shukas



***A household receiving a blanket, tarpo, plates, cups, sufurias and PVC roofings***

MEAK was able to purchase 20 dozen enamel mugs from the manufacturers for approx 50 cents each and 20 dozen plates at around 60 cents. The large cooking pots were approx 3.5 dollars and the blankets 5.5 dollars.

The provision of these other comforts were greatly appreciated and will feature on future relief programmes.



The missions was carried out in roughly 7 days between 26<sup>th</sup> May, purchasing day to 2<sup>nd</sup> June, our final mission day. We were able to feed a total of 462 households, ( estimate 7 persons per household equating to 3,234 persons ) From that list, we carried out 156 ' to door services' where people were disabled or too infirm to travel.



*An 11 year old child living with endocrine condition with her mother living with stroke*

### **METHODOLOGY**

To save on salaries, we have always as earlier mission tried our best to have a lean team of helpers with each one of them having a role in activities involved with the success which includes buying, weighing, loading, roofing, photography etc

In total the team comprises of 8 helpers, 2 logistic member headed by Teresa who oversee all activities.

The team understands the procedures that are now standard to all the feeding missions and each member plays his/her role assigned without undue supervision, this is an understanding that we have modeled through the experience and challenges from past operations.

Help is obtained from local officials and Chiefs who are knowledgeable about who the most needy families in their area are. And early notification to them means that the crowds are always waiting for the arrival of our trucks

### **PURCHASES**

The Kenyan commodity market is very unpredictable due to Covid-19 inflation, an unpredictable dollar to Kenyan shilling exchange rate, changes in weather patterns, increases in fuel prices which all have an effect on the prices of commodities we purchase. The team has always tried its best in looking for fair prices from different wholesalers stores.

The packages are assembled by our team of trained people that are under the supervision of Teresa, Peter and Alex to ensure that every beneficiary gets an equal package and that they are filled with the correct contents.



*display of some of the purchased foodstuffs, mugs, sufurias, shukas, blankets and pvc sheets*

### MISSION

When the money is successfully transferred to Kenya, the team makes a list of items to purchase and then source for fair prices in town. The commodities are transported to the packaging store where helpers work tirelessly with sometimes extending to longer hours. Thanks to the team for their hard work and dedication, all driven by a common goal, charity spirit and endeavor to make every mission a success. We package the different commodities according to the agreed kilos into small bags and pack all the bags into sacks, which are sealed ready for dispatch.

The loading of these packages is done on the eve of departure, to enable the team to leave at 3 AM and arrive in Samburu by 9 AM and then to hit the ground running after a 30minute breakfast break.





### *The early morning breakfast in the bush*

With the aid of very helpful and well informed local administration, we are guided to the communities and households that are in direst need. It is pleasing to report that the local administrators have learnt about the type of people we wish to reach and they help us navigate through the very rough terrain. This mission was particularly taxing because of the heavy rain and the absence of tarmac roads meaning the trucks were often sliding off, or getting stuck in the muddy tracks. Fortunately, there was usually plenty of help available to det us going again

The mission takes three days shopping and delivery to the packaging centre, two and a half day for packaging and loading, three days mission facilitating the distribution to the beneficiaries and another two or three days for report writing and audit.

On the very first mission day, we start with a small brief meeting with the local area administrator who brief us on the route and what we expect to find on the ground. After that, one truck is left at Maralal town under security watch while the other truck and van proceed to the villages.

Each day we start by feeding a small crowd where we put into consideration of covid-19 rules like sanitizing, wearing of masks, social distancing, temperature taking and recording. Though the weak, ill, disabled and elderly are earlier advices by the local administration to stay behind their home and list of their names taken for 'to door' services, for transparency and to avoid leaving any needy person that could have been left behind. From this crowd, the list of the people we intend to visit is read to them to approve if those people really deserve the donation, after that they are asked if by any chance they feel there are people who have been behind and we add them to the list of 'to door services.



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Feeding a crowd at Lpusi village

### **MISSION DAY BREAK**

DAY 1: Fed a crowd of 153 families, did 47 'to door' services and roofing for 9 households

DAY 2: Fed a crowd of 67 families, did 61 'to door' services and roofing for 22 households

DAY 3: Fed a crowd of 40 families, did 48 'to door' services and roofing for 15 households





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*Before roofing*



*After roofing*





## **CHALLENGES**

- Limited time due some roofing activities
- Bad terrain with poor roads that are inaccessible by both truck and vans



*Small van helping in transporting food for door to door services*

- Population is sparsely dispersed and reaching the beneficiaries takes longer especially when doing door to door services



*The team carrying food to 'to door' services*

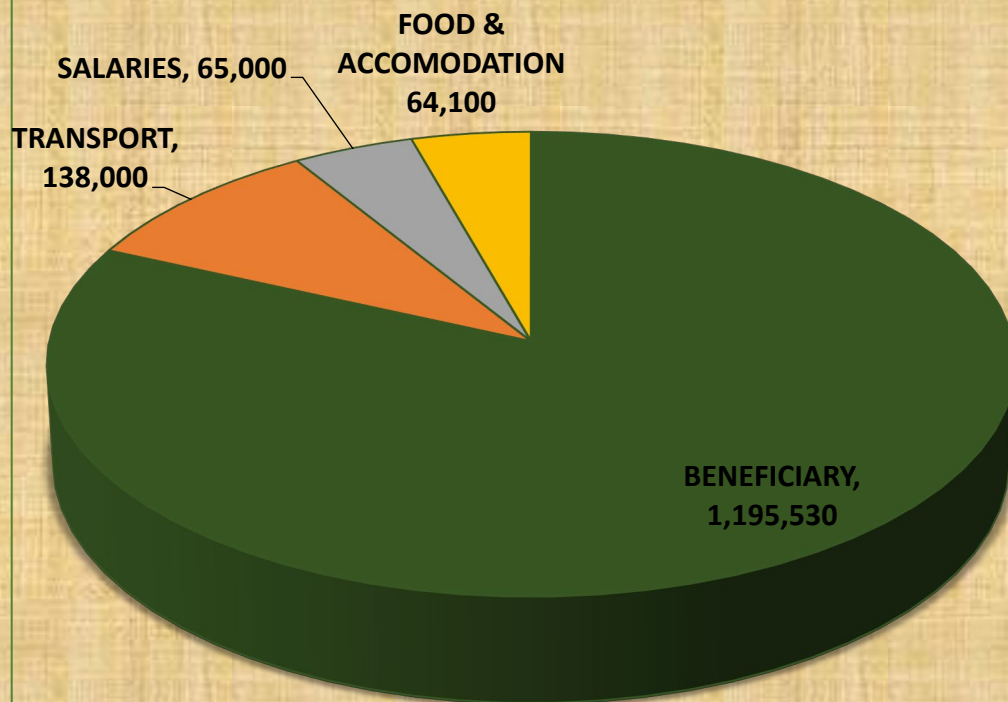
**BUDGET****eding Programme Accounts For Maralal - JUNE 2021**

Quantity	Type	Description	Price Ksh	Total Ksh
29	cartons	packets Kenya salt x 20	620	17,980
20	sacks	90 kgs Beans	7,900	158,000
13	sacks	90 kgs Millet porridge	9,000	117,000
2	Roll	PVC	11,000	22,000
45	sacks	90 kgs maize	3,200	144,000
1000	pieces	washable face masks	65	65,000
23	sacks	50 kgs sugar	5,050	116,150
69	sacks	25 kgs rice	2,250	155,250
48	cartons	fresh fry oil x 12	2,650	127,200
15	cartons	Eden tea x 40 packets	3,650	54,750
58	cartons	Ndume soap x10 bars	1,200	69,600
Miscellaneous purchases as per seperate sheet provided to include labour for weighing, packing and loading sacks and bags of individual foodstuffs - sanitizer spray & bottled water - car fuel - packaging bags and printing - hire of two lorries -Accomodation & meals for helpers,gratitudes and aid, Cups, plates and cooking pots, blankets and sheets, all as receipts provided				415,700
			<b>Total</b>	<b>1,462,630</b>





PIE CHART PRESENTATION





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## **CONCLUSIONS**

This MEAK / FOUNDATION EAGLE COVID-19 feeding program has been of enormous benefit to many people's lives especially those who are old and infirm and who are unable to properly fend for themselves, As well as these, malnourished children and very young mothers who have been compelled into early marriages have also received substantial help.

MEAK has adjudged the expenditure to represent excellent value when related to the benefits accomplished and based on costs of previous programmes.

We are delighted at the numbers of truly destitute and desperate people that have been helped

Peter and Alex Thiru

Administrators

M E A K