



**eagle  
foundation**



## **M.E.A.K - Report for Fondation Eagle: June 2021**

### **MEAK Feeding Programme, Laikipia & Nyandarua Counties, Kenya**

#### **Donor:**

**Fondation Eagle, Switzerland**

#### **Donor's reference:**

**FF 0591-2115**

#### **Charity:**

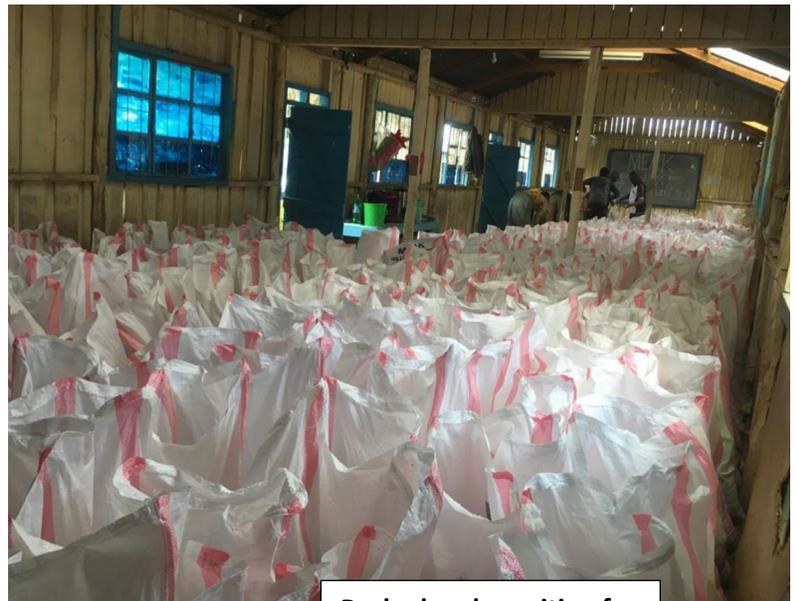
**Medical & Educational Aid to Kenya (UK)**

#### **Date of acceptance:**

**13<sup>th</sup> April 2021**

#### **Date donation received:**

- **18<sup>th</sup> April 2021**
- **Amount of Donation: £19,787.35**
- **Duration of project:**
- **The project was completed in two separate locations, over 10 days**
- 1<sup>st</sup> stage - 29<sup>th</sup> May 2021 – 3<sup>rd</sup> June 2021 – Total expenditure, Ksh 1,462,630 = £10,228.18
- 2<sup>nd</sup> Stage –18<sup>th</sup> June 2021 – 25<sup>th</sup> June 2021- Total expenditure Ksh 1,493,420 = £10,443.49



**Packed sacks waiting for distribution**

***Total expenditure - £20,671.67***

#### **Estimated number of beneficiaries:**

A total of **1,054 households** received **foodstuffs**. In addition, **60** properties were renovated and re-roofed also hundreds of enamel cups & plates, aluminium cooking pots, shukas and blankets were handed out to approx. 6,300 of the most deprived and needy people.



Medical Education



Aid



Kenya

2021



## FINAL REPORT

### 6<sup>th</sup> & 7<sup>th</sup> SAMBURU FEEDING MISSION



*“Every time you smile at someone, it is an action of love, a gift to that person, a beautiful thing.”*

*Mother Teresa*

The following report is a reflection of the methods, observations and recommendations of the 10<sup>th</sup> & 11<sup>th</sup> feeding missions and the 6<sup>th</sup> & 7<sup>th</sup> to Samburu County for the months of June, 2021

*The picture to the left shows Teresa cleaning and applying medication to an unfortunate lady who had parasitic ‘jiggers’ in her feet. These parasites infect the feet making it extremely painful to walk and also can potentially cause gangrene or tetanus and eventual amputation of the feet*

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Medical Education



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2021

## **7<sup>TH</sup> MISSION AND 2<sup>ND</sup> STAGE OF THE FEEDING PROGRAM AT MARALAL, SAMBURU COUNTY FOR LOCATIONS; MILLIMANI, SHABAA, LPOROS, LOONGUUSHAANI, LEKIJI, SAGUMAI, SIRAI, OPIROI & LOIKAS.**

**DATE: JUNE 2021**

**NUMBER OF BENEFICIARIES:** 592 HOUSEHOLDS, APPROXIMATE 3,200 INDIVIDUALS BENEFITED FROM THE FEEDING PROGRAM AND 42 HOUSEHOLD BENEFITED FROM ROOFING PROGRAM



### **INTRODUCTION**

Over the past six months of feeding missions at Samburu County, MEAK has constantly supplied a balanced food ration to the people of Samburu and has also maintained a close monitor to those who were severely malnourished since January by closely monitoring their wellbeing through our door-to-door visits. MEAKs' extra services to these vulnerable people such as roofing and shelter program, providing clothes, blankets, cups and plates, cooking pots and maasai sheets have greatly risen the spirit within them, brought in new hope and we can attest to this by the smiling faces we find them in unlike in our previous mission.

The 11<sup>th</sup> MEAK feeding program, on these occasion was funded by Foundation Eagle, that saw us return to the Maralal area in Samburu, and presented our established Kenyan team with their most testing and difficult challenges to date.



Medical



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***Crowd feeding***

Samburu county is listed by the Kenya red cross society and other donor agencies as drought prone region with high malnutrition and listed as ASAL (Arid & semi-arid land). The Kenya meteorological department has also raise a red alert several times anticipating a shift in weather patterns which could lead to prolonged dry spell.



***Failed crops due to drought***

The inhabitants of Samburu are mostly pastoralists and migration of young men in search of pasture and water, leaving the aged, women and children without a square meal keeping in mind that the community living here do not practice crop farming. Those left behind have to endure hardships such as shortages of water, food and inflated market prices. Due to this, early marriage cases are common, some as young as 10years.



**“I’m 13 years old. I was married off by my parents 2 years ago for them to get the bride price due to poverty and hunger.” \***

*\* The government administrator is following up the rescue with relevant government authorities*

Due to high poverty levels and most of the households unable to afford and access a balanced meal, MEAK has been able to respond and tried to its capacity to help mitigate this problem and more so to women, the aged, children and the people living with disabilities.

Being the 11th MEAK Covid-19 relief feeding program and the 7<sup>th</sup> to Samburu, the team has from the past missions used its experience and came up with a better and more suitable formula to offer the most beneficial help to these destitute people, for example, through some previous observations made, we deemed it necessary to replace the purchase of cabbages with high density PVC roofing polythene sheet since we found out almost 90% of the houses we fed had leaking roof.



*Sample house before roofing*



***Sample house after reconstructing and roofing***

Food was obviously our number one priority and an allocation to each family was made up of 8kg maize, 3kgs beans, 4kgs rice, 2kg sugar, 4kg porridge millet flour, 1kg cooking oil, 1kg of bars of soap, 1kg salt, 250g tea leaves and washable masks. Part of the funding was diverted to the provision of cooking pots ( sufurias ) enamel mugs, plates, blankets, toga (shukas) and items of clothing which had been donated by well-wishers. The decision to divert some of these funds to the purchases of above mentioned items was because we found out that in an average house of 8 people, they had only a of a couple cups, a couple of plates meaning they have to share in between them during meal time, rugged clothes or old hide skins are used for beddings and hence provision of blankets and some maasai shukas was also very welcome



***A household receiving a blanket, tarpo, plates, cups, sufurias and PVC roofings***

MEAK was able to purchase 20 dozen enamel mugs from the manufacturers for approx 50 cents each and 20 dozen plates at around 60 cents. The large cooking pots were approx 3.5 dollars and the blankets 5.5 dollars.

The provision of these other comforts were greatly appreciated and will feature on future relief programmes.



## **METHODOLOGY**

To save on salaries, we have always as earlier mission tried our best to have a lean team of helpers with each one of them having a role in activities involved with the success which includes buying, weighing, loading, roofing, photography etc

In total the team comprises of 8 helpers, 2 logistic member headed by Teresa who oversee all activities.

The team understands the procedures that are now standard to all the feeding missions and each member plays his/her role assigned without undue supervision, this is an understanding that we have modeled through the experience and challenges from past operations.

Help is obtained from local officials and Chiefs who are knowledgeable about who the most needy families in their area are. And early notification to them means that the crowds are always waiting for the arrival of our trucks

## **PURCHASES**

The Kenyan commodity market is very unpredictable due to Covid-19 inflation, an unpredictable dollar to Kenyan shilling exchange rate, changes in weather patterns, increases in fuel prices which all have an effect on the prices of commodities we purchase. The team has always tried its best in looking for fair prices from different wholesalers stores.

The packages are assembled by our team of trained people that are under the supervision of Teresa, Peter and Alex to ensure that every beneficiary gets an equal package and that they are filled with the correct contents.

## **MISSION**

When the money is successfully transferred to Kenya, the team makes a list of items to purchase and then source for fair prices in town. The commodities are transported to the packaging store where helpers work tirelessly with sometimes extending to longer hours. Thanks to the team for their hard work and dedication, all driven by a common goal, charity spirit and endeavor to make every mission a success. We package the different commodities according to the agreed kilos into small bags and pack all the bags into sacks, which are sealed ready for dispatch.

The loading of these packages is done on the eve of departure, to enable the team to leave at 3 AM and arrive in Samburu by 9 AM and then to hit the ground running after a 30minute breakfast break.



### *The early morning breakfast in the bush*

With the aid of very helpful and well informed local administration, we are guided to the communities and households that are in direst need. It is pleasing to report that the local administrators have learnt about the type of people we wish to reach and they help us navigate through the very rough terrain.

The mission takes three days shopping and delivery to the packaging center, two and a half day for packaging and loading, three days mission facilitating the distribution to the beneficiaries and another two or three days for report writing and audit.

On the very first mission day, we start with a small brief meeting with the local area administrator who brief us on the route and what we expect to find on the ground. After that, one truck is left at Maralal town under security watch while the other truck and van proceed to the villages.

Each day we start by feeding a small crowd where we put into consideration of covid-19 rules like sanitizing, wearing of masks, social distancing, temperature taking and recording. Though the weak, ill, disabled and elderly are earlier advices by the local administration to stay behind their home and list of their names taken for 'to door' services, for transparency and to avoid leaving any needy person that could have been left behind. From this crowd, the list of the people we intend to visit is read to them to approve if those people really deserve the donation, after that they are asked if by any chance they feel there are people who have been behind and we add them to the list of 'to door services'.



**Feeding a crowd at Milimani village**

### **MISSION DAY BREAK**

DAY 1: Fed a crowd of 207 people, did 13 'to door' services and roofing

DAY 2: Fed a crowd of 161 people, did 19 'to door' services and roofing

DAY 3: Fed a crowd of 140 people, did 10 'to door' services and roofing

It is important to note that the houses we did door to door service got a double, ration. Again, to those who lived in very pathetic houses, the team brought them down and constructed better one



***Before roofing***



Construction on progress



After roofing

### CHALLENGES

- Limited time due some roofing activities
- Harsh terrain with poor roads that are inaccessible by both truck, vans and motorcycles
- Population is sparsely distributed and reaching the beneficiaries takes longer especially when doing door to door services

**BUDGET****2nd Feeding Programme Accounts For JUNE 2021- Maralal**

Folio No.	Quantity	Type	Description	Price Ksh	Total Ksh
1	30	cartons	packets Kenya salt x 20	610	18,300
2	20	sacks	90 kgs Beans	7,100	142,000
3	14	sacks	90 kgs Millet porridge	8,900	124,600
4	3	Roll	PVC	11,000	33,000
5	47	sacks	90 kgs maize	3,200	150,400
6	1000	pieces	washable face masks	65	65,000
7	24	sacks	50 kgs sugar	4,900	117,600
8	71	sacks	25 kgs rice	2,250	159,750
9	50	cartons	fresh fry oil x 12	2,680	134,000
10	15	cartons	Eden tea x 40 packets	3,650	54,750
11	60	cartons	Ndume soap x10 bars	1,150	69,000
12 to 23	Miscellaneous purchases as per seperate sheet provided to include labour for weighing, packing and loading sacks and bags of individual foodstuffs - sanitizer spray & bottled water - car fuel - packaging bags and printing - hire of two lorries -Accomodation & meals for helpers,gratitudes and aid, Cups, plates and cooking pots, blankets and sheets, all as receipts provided				425,020
				<b>Total</b>	<b>1,493,420</b>

**eding Programme Accounts For Maralal - JUNE 2021**

Quantity	Type	Description	Price Ksh	Total Ksh
29	cartons	packets Kenya salt x 20	620	17,980
20	sacks	90 kgs Beans	7,900	158,000
13	sacks	90 kgs Millet porridge	9,000	117,000
2	Roll	PVC	11,000	22,000
45	sacks	90 kgs maize	3,200	144,000
1000	pieces	washable face masks	65	65,000
23	sacks	50 kgs sugar	5,050	116,150
69	sacks	25 kgs rice	2,250	155,250
48	cartons	fresh fry oil x 12	2,650	127,200
15	cartons	Eden tea x 40 packets	3,650	54,750
58	cartons	Ndume soap x10 bars	1,200	69,600
Miscellaneous purchases as per seperate sheet provided to include labour for weighing, packing and loading sacks and bags of individual foodstuffs - sanitizer spray & bottled water - car fuel - packaging bags and printing - hire of two lorries -Accomodation & meals for helpers,gratitudes and aid, Cups, plates and cooking pots, blankets and sheets, all as receipts provided				415,700
			<b>Total</b>	<b>1,462,630</b>



The total cost of this two stage mission was consequently K.Shillings 2,956,050 which when converted into sterling equates to £ 20,671.67. This indicates an overspend against the budget of £ 884.32 which has been funded from MEAK reserves.

### **CONCLUSIONS**

With the government doing almost to nothing the vulnerable people in samburu, Foundation Eagle in conjunction with MEAK has done its best to fill the gap that leaves the community with a feeling of compassion which they appreciate and always asking the team on the ground when they will be coming back.

Peter and Alex Thiru

Administrators

MEAK