



Interim report to Fondation Eagle – July 2021

Meeting the challenges of 'new normal' in Naivasha, Kenya

Fondation Eagle Reference: FF 582-27.05.21

Name of Charity: Footsteps International (UK registered charity number 1091026)

Introduction

On 27th May 2021, Fondation Eagle accepted our project proposal and awarded Footsteps International a grant of GBP 14,520 to meet the challenges of the 'new normal' at the Sunshine street boys' rehabilitation centre, the Naivasha Technical Training Institute, and Bishop Wambari Girl's Secondary School in Naivasha, Kenya.

The aim of the project is to provide support for the children and staff at these three institutions as they try to resume normal operation after the enormous disruption last year caused by the Covid-19 pandemic, and the continuing risk of the disease making a resurgence, as it did in March this year.

The **project beneficiaries** are:

- 136 former street boys and 19 staff at the Sunshine Centre,
- 600 pupils at Karai Primary School which the Sunshine Centre boys attend
- 300 trainees and 28 staff at Naivasha Technical Training Institute and 500 residents who live close to the Institute,
- 280 students and 20 staff at Bishop Wambari Girl's Secondary School.

The **project focus** is on three areas:

1. Maintaining and enhancing health and hygiene to minimise the risks of Covid infection;
2. Boosting nutrition to provide a natural way of minimising Covid risks,
3. Boosting economic independence for a limited number of former street boys by giving them toolkits to establish themselves in the job market, which has been hit hard by the economic impact of the pandemic.

We received the funds on 3rd June, 2021. This report describes the immediate actions that have been taken (each action is referenced back to the approved project budget). Some actions are on-going - we will report on these and the long-term benefits, and provide a financial report in due course.

Details of the project - how we have used your grant to date

The Covid emergency team in Naivasha met on 14th June 2021 to plan delivery of the project, and commenced implementation the following day. This following report briefly illustrates the actions taken so far at the three institutions.

Sunshine street boys rehabilitation Centre

S1.1. Sunshine: Provide 882 re-usable face masks for the Sunshine Centre boys and pupils at Karai Primary School

On 18th June , we provided 882 reusable face masks to Karai Primary school pupils which the boys from our Sunshine Centre attend. The aim was to prevent Covid 19 infections, and the pupils and staff were extremely thankful for the supplies. The head teacher's letter of thanks is in the annex.



Sunshine Centre staff Joyce and Lili issuing face masks to pupils of Karai Primary School.



S1.2. Replenish stocks of hygiene and first aid materials (eg disinfectants, liquid soap, non-touch thermometers for Karai Primary School)

We purchased liquid soap for hand-washing, disinfectants for surfaces, disposable facemasks and hand sanitizers for our Sunshine Centre staff, and assorted medicines for common ailments.



Assorted health and hygiene items purchased for the Sunshine Centre and staff.

As a result, we are able to carry out regular disinfection of surfaces, provide adequate liquid soap at our numerous hand-washing stations and hand sanitizers for our beneficiaries and staff respectively.



Samuel Mburu disinfests the Sunshine Centre main entrance gate and other trafficked areas three times each week. Boys, staff and visitors wash their hands at the hand-washing station on arrival at the main gate.

S1.3 and S1.4 Provide training and counselling on drugs and other substance abuse, and life skills

The Sunshine Centre staff organised the first training sessions to provide the upper-primary age boys with information on drug and substance abuse, and guidance on life skills and behaviours needed to reduce risk. The boys were also given awareness on HIV/AIDS prevention.



The sessions were held on Sunday 20th June 2021 and were led by Dr Dan Muratha – a counselling psychologist who practices at Naivasha Referral Hospital.

S1.5. Provide a range of non-contact sports and games (volleyball, basketball and board games)

In June 2021, courtesy of the Eagle Foundation grant funding, we were able to provide the boys with a range of new games. Helped by our staff, the boys were very excited to learn how to play snakes and ladders, junior chess, junior Scrabble, Monopoly, and draughts.

We also purchased and set up volleyball and basketball. Both immediately proved so popular that the boys were unwilling to end their games to come to the dining hall for supper. There is now a wide range of sports and games that provide interesting and challenging alternatives to football, and which promote social distancing.



Far left: John Macharia playing junior Scrabble with Kelvin Karanja

Left: Jacob taking on Kaguta at snakes and ladders.

Below left: Lilli teaching Rono to play Monopoly

Below right: Despite the orange team's best defensive efforts, the blue team score in the first game of basketball held at the Sunshine Centre.



Volleyball has immediately been popular with the boys.

Boost nutrition of former street boys at the Sunshine Centre S.2.1, S2.2, S2.3

Our normal meals are heavily loaded with vegetables supplied from our outdoor irrigated garden (funded previously by Eagle Foundation). We have been able to enhance the nutrition further for our former street boys by supplementing them with vitamin and mineral rich green grams, soya and enriched porridge flour. We are providing the enriched porridge every morning, while soya and green grams are served twice a week. These additional foods are helping boost their immunity against diseases, including Covid 19.



Mrs Rebecca Kinyanjui and cook Patrick preparing soya beans for boys lunch.



James Kabono (left) and Stephen Kimani (right) enjoying their nourishing meals.

S4.1 Economic independence: Start-up kits for boys who have completed vocational training

Your grant enabled us to purchase toolkits for 5 former street boys from the Sunshine Centre. We have cared for these young men for many years and they are now close to completing their vocational training courses, and starting their next stage of life as independent income-earners.

The start-up kits will enable them to establish income-generating businesses and move to financial independence at a time when the Covid pandemic has made employment prospects extremely difficult. There is a letter of thanks from Paul Gushu in the annex.

Joseph Njoroge and George Gitau who are training in hospitality, used their new ovens to bake cakes that they served to the younger Sunshine boys.

In the time they have remaining on their courses, their instructors will provide them with further opportunities to practice with the toolkits under supervision, and guide them on proper care and maintenance of the equipment.



The five young men (all former street boys), with their start up kits which will enable them earn a living in their chosen trade.



Paul Gushu is an automotive engineering trainee at Kenya Industrial Training Institute, Nakuru.



Rev Simon Kinyanjui (Director) and Mrs Rebecca Kinyanjui handing over a shoe sewing machine to Ben Ndichu- a leather technologist trainee at Kenya Industrial Training Institute, Nakuru



Left: Plumbing trainee Joseph Mbutia received a pipe-welding kit that will help him earn his living when he qualifies.



Centre: Rev Simon Kinyanjui (Director) and Mrs Rebecca Kinyanjui handing over charcoal ovens to George Gitau (left) trainee at Kenya Industrial Training Institute, Nakuru and Joseph Njoroge, trainee at the Continental Institute, Naivasha.



Far right: Joseph and George baked cakes in their new ovens which they served to the (delighted) younger Sunshine Centre boys



S4.2 Basic entrepreneurship training and mentoring

We organised training for the five young men who are nearing the end of their vocational training courses, providing them with the basic concepts of entrepreneurship and understanding of the business planning that is essential to the success of the entrepreneur of a small business. The major areas covered were:

- Practice the preparation of a business plan tailored to each individual's entrepreneurial needs.
- Understand saving as a life skill for individual livelihood and business improvement.
- Discipline as a pillar in any business investment.

The training was facilitated by Mr George Otieno - manager of NTTI, and Simon Kuria - Social Worker Sunshine centre. Rev Simon Kinyanjui (Sunshine Centre director) also shared with the boys the need to take care of the equipment as it has been provided to help build their future.

The training included a presentation by Ethan Ngugi, a Plumbing and Masonry trainee at NTTI. He has been able to combine his training course with work, earning income and gaining practical experience while he studied. He passed on practical tips and reassurance to the trainees that it is possible to do this successfully and without comprising their studies.

There will be continued follow-up of the boys who benefited from the start-up kits to help them succeed in their chosen vocation.



(From left to right) Mr. G. Otieno - facilitator, Ethan Ngugi - peer trainer, Joseph Mbuthia, Ben Ndichu, Paul Gushu, Joseph Njoroge, George Gitau (trainees) and Sunshine Centre Director Rev Simon after the basic entrepreneurship training.

Naivasha Technical Training Institute – NTTI

N1.1. Provide adequate stocks of disinfectants to combat Covid 19

The grant from Eagle Foundation enabled us to purchase disinfectants that are essential to our fight against Covid among the trainees and staff. As a result we have been able to maintain a regime of disinfecting all heavily used areas of the institution twice a week.



The disinfectants allow Zablon Tiko to carry out regular disinfection of trafficked surfaces at NTTI to maintain a sanitized environment

N1.2. NTTI: Provide sanitary towels for 50 trainees

We started to issue sanitary towels to 50 trainees in July, and have funds to be able to continue this for a further three months. They are a great help to our young women trainees.



Girls from various department of our institution excited to receive packs of sanitary towels for the month.

N1.3. NTTI: Provide Covid and life counselling training to promote mental health

On 25th June, 2021, we held the first training and awareness sessions for NTTI trainees covering topics such as drug abuse and HIV awareness and prevention. The sessions were run by Mwikali Maina, a counselling psychologist based at nearby Naivasha District Hospital.

After completing the workshop, the students understood the main factors putting them at risk:

- Substance use/abuse and sex.
- Peer influence
- Idleness
- Multiple sexual partners.
- Low perception of risk.
- Older partners.
- High rates of STIs

They were very appreciative and asked the counsellor to find time for them again in future. We plan to hold two further sessions next term in September.



Mwikali Maina a Counselling Psychologist from Naivasha District Hospital takes trainees through drugs/drug abuse and HIV training in NTTI's assembly hall

N1.4. NTTI: Provide free water to 100 disadvantaged families to encourage washing

We started to issue free borehole water on 14th June, and hope to be able to continue this for the next seven months, thanks to the support from Eagle Foundation. To date, an average of 23 households are benefitting each day, and by 3 July we had issued 27,600 litres of water from the borehole. Typically, each household has 6 people, so we are benefitting about 140 people each day by providing them with the water they need to stay clean and safe.



N.2.1 to N2.5

To boost nutrition for the trainees at NTTI, we have put a one-acre plot under cultivation with the intention of providing vegetables that can be provided free to the trainees to help boost nutrition levels, and ease pressure on their tight budgets. The activities we were able to undertake with Eagle Foundations support were ploughing and harrowing, installing a security fence, installation of drip hose, addition of manure, planting of seedlings, and spraying against pests. The following photos illustrate these activities which were carried out in the period 15th June to 7th July, 2021.

N2.2 Ploughing the land for outdoor irrigation



Two Casual workers engaged to straighten the edges of the ploughed piece of land at NTTI

N2.5 Install security fencing



Fundi Juma (in khaki) doing the fence of the land with other engaged workers.

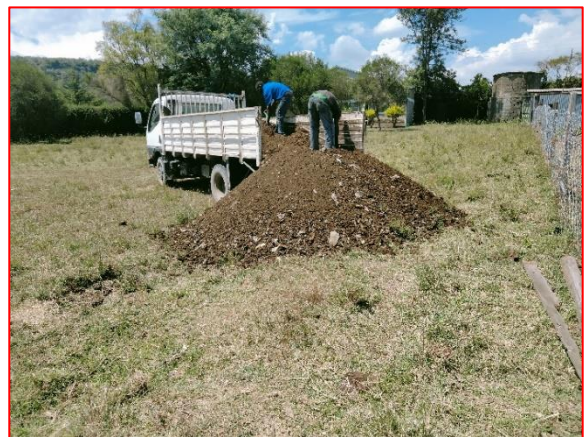
N2.1 Purchase and install outdoor drip irrigation



Technician Kamau from Agrifit fixing the drip irrigation system with the help of two NTTI two plumbing trainees.



N2.4 Farm Manure



*The first load of farm Manure being offloaded from our lorry and subsequently spread on the new farm plot.
Further loads will be applied in the coming months*

N2.3 Farm inputs/labour

NTTI groundsman Zablon (in the dark blue overalls) planting the seedlings along the drip lines with another hired labourer.



Pest control insecticide spraying in progress



Director Rev. Simon inspecting the newly established outdoor farm at NTTI

Bishop Wambari Girls' Secondary School

W1.1. Provide 560 washable face masks and adequate stocks of disinfectants

All girls were issued with washable masks to use while they are in school. This kind gesture has motivated the girls to continue observing the protocol by the Ministry of Health, they feel loved, cared for and above all protected. On their behalf, receive many thanks.

W1.2 Purchase of disinfectant e.g. sanitizers, Kerol, detergent, Dettol.

The disinfectants enabled us to sanitize the school dormitories for their safety. The sanitizers were put in the washing points that are installed in strategic places for students to wash hands regularly in line with Ministry guidelines. We are able to carry out continuous spraying of surfaces that are likely to be contaminated. All these are helping to keep girls safe from the risk of Covid



W1.3 Install two rainwater tanks near the classrooms and dormitories to provide additional water for hand washing

We have been able to purchase and install two more water tanks (each 10,000 litre capacity) which are already in use harvesting rain water for the girls to use for handwashing and drinking.



W1.4. Provide post-Covid and life training to promote mental health e.g. for student mothers

The post Covid training for both staff and girls was conducted by officials from the Ministry of Health on 9th July 2021. The topics covered included preventive measures on Covid – 19. This has helped in combating the spread of the Covid 19.

The training also included elements on HIV/Aids & Youth, Covid 19 and HIV/Aids relationship. There has been continuous individual student mothers' support by the counselling department in an effort to control stigma. During the recap session, the girls showed they had learned a lot from the sessions, especially on how young people can protect themselves from HIV/Aids.



In her vote of thanks, the school Head girl Anne Kisonko said, “It has been a powerful session that has left most of us very strong against Covid & HIV/AIDS. We thank you for empowering us and we promise to practise what we you have taught us”. The teachers were also very happy as the training has helped combat the negative impact of the girls missing nearly 9 months of school due to the Covid closures.

W1.5 Provide free sanitary towels for 280 girls

The girls were provided with sanitary towels and this has helped in boosting their confidence and they feel protected at all times (photo below left).



W1.6 Provide hygienic waste disposal bin

To protect the girls and the clinic officer, the school’s clinic has received a waste disposal bin which is in use to dispose of clinical waste such as used masks, bandages, surgical gloves. This has helped our efforts to ensure continued protection against person to person spread of Covid 19 and other communicable diseases (photo above right).

Votes of thanks to Eagle Foundation for their support

Jane Muhia Deputy Principal of Bishop Wambari Girl’s School:

Since we resumed the learning process during this Covid – 19 pandemic we have been able to cope with the new normal, through your support of washable masks, disinfectants, water tanks, hygienic waste disposable bin and sanitary towels.

We really appreciate the support as we continue to observe health regulations of keeping social distant, sanitization and washing of hands. Not forgetting the two tanks which are already in use.

We take this opportunity to thank Eagle Foundation through Footsteps International for the continued support!

May the almighty GOD bless you abundantly as you continue with the good work.

Mr John Muigai, Chairman of the Board, Bishop Wambari Girl's School:

Email: bishopwambariaic@gmail.com



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BISHOP WAMBARI A.I.C. GIRLS' SCHOOL

Ref: AIC/BWGSS/21/07/030

Date: 27th July 2021

Dear Mr. Martin and Mary Print

RE: APPRECIATION

Receive Calvary greetings in Jesus Name.

The Executive Board of Bishop Wambari AIC Girls met today. In our deliberations we appreciated the overwhelming support that you have extended to our school over the years and especially at the visitation of the corona virus. You enabled us to reopen safely and meet the challenges of the new normal by providing Tent, Chairs and Tables for social distancing, enough reservoirs for clean water, Information Communication Materials among others.

On behalf of the Board, teaching Staff, students and all other stakeholders, we wish to thank Footsteps International and Eagle Foundation for their kind gesture.

God bless you most sincerely as you realize your future plans of assisting the institution further.

Yours faithfully

FOR: BISHOP WAMBARI AIC GIRLS SEC SCH

Mr. John Muigai
CHAIRMAN ON BEHALF OF THE BOARD

C.C Director

From George Otieno, Manager, Naivasha Technical Training Institute:

This project has seen each one of us have a new lease of life. The implementation of the outdoor garden, provision of sanitary towels, adequate stocks of disinfectants, life skill trainings have been a great encouragement to our trainees who developed a positive attitude of a loving and caring school where they feel a sense of belong, especially when called for to assist in the garden. As NTTI we are very thankful as this and other projects (previous supported) have made us great friends who, when our light goes out, you rekindle it by a spark. Each of us has cause to think with deep gratitude of those who have lighted the flame within us.

From Simon Kuria, Social Worker at the Sunshine Centre:

Your support has brought a 'new life' at Sunshine especially on weekends when boys are engaged in myriad activities making their life very enjoyable. We thank God and the donor for the assistance that will also see 5 of our young men face future with hope as they are now armed with essentials for success in their entrepreneurial life.

From Paul Gushu at the Sunshine Centre who received a toolkit:

Dear Rev Simon,



I want to take this chance, to thanks God First ,for the time and gift of Life .
I also want to thank you sincerely for your Kindness, which you showed on Saturday last week.



It's from the bottom part of my heart ♥that I want to say that I really appreciate for the Mechanical tools. Which I promise to Take care of..Coz I believe they will be if much help to me. And I have high hopes that they will help me nurture my small dream To A Big Dream come True.....of becoming the Best there is In the Automative services Provision.

Yours faithfully
Paul Gushu Wanyoike

From Rev Simon Kinyanjui Chege, Director of NTTI, Wambari and Sunshine

Greetings from Naivasha Kenya


On behalf of Sunshine Rehabilitation Centre, NTTI and Wambari School, I wish to express our heartfelt gratitude for the support that has made us realize continued safety among ourselves, both staff and boys/trainees/students.

The generous funding of KES 2,148,946 will go a long way in enhancement of health and hygiene measures in the 3 institutions, ensure enriched nutrition, establishment of non-contact games and economic independence of 5 Sunshine youth. It will also facilitate provision of free water to community and initiation of vegetable production for our trainees at NTTI. In addition, girls will have sufficient water for drinking and hand washing from the newly installed rainwater storage tanks.



For these milestones, May God bless Footsteps International and Eagle Foundation. Thank you so much.

From Mr. John Muiru, Head teacher at Karai Primary School, Naivasha who received facemasks for the pupils



The headteacher
Karai Primary school
PO Box 1000 - 20117,
Naivasha.
29/05/2021

The managing Director
Sunshine Rehabilitation Centre

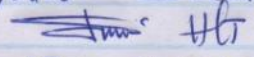
Dear Sir,

RE: A NOTE OF THANKS

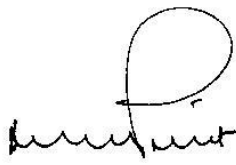
I hereby take the earliest opportunity to pass a vote of thanks to you, and the entire management of Sunshine rehabilitation Centre. You have indeed been a big blessing to my school.

To start with, you donated to us a multi-million water tank reservoir and harvested all the rain water. Shortly afterwards, you donated to the school a hand washing complex worth so much. This has gone a long way in boosting the health of our pupils and proper hygiene especially at this time of Covid-19 pandemic in our country.

To crown it all, you have now donated face masks for the entire school populace from PP1 - Class 7. We indeed appreciate these generous contributions and support for our school. As the headteacher of this institution, I have words through which I can express my gratitude. Through your support my school is completely compliant with the covid-19 protocols as of now. ASANIENI SANA!

Yours Sincerely

0722 469105

Signature and date:

A handwritten signature in black ink, appearing to read 'Martin Print'. The signature is written in a cursive style with a large, looped capital 'P' at the end.

Martin Print

Date: 28 July 2021

Chairman of trustees, Footsteps International