



Final report to Fondation Eagle – November 2021

Meeting the challenges of 'new normal' in Naivasha, Kenya

Fondation Eagle Reference: FF 582-27.05.21

Name of Charity: Footsteps International (UK registered charity number 1091026)

Introduction

On 27th May 2021, Fondation Eagle accepted our project proposal and awarded Footsteps International a grant of GBP 14,520 to meet the challenges of the 'new normal' at the Sunshine street boys' rehabilitation centre, the Naivasha Technical Training Institute, and Bishop Wambari Girl's Secondary School in Naivasha, Kenya.

The aim of the project was to provide support for the children and staff at these three institutions as they tried to resume normal operation after the enormous disruption last year caused by the Covid-19 pandemic, and the continuing risk of the disease making a resurgence, as it did in March this year.

The **project beneficiaries** are:

- 136 former street boys and 19 staff at the Sunshine Centre,
- 600 pupils at Karai Primary School which the Sunshine Centre boys attend
- 300 trainees and 28 staff at Naivasha Technical Training Institute and 500 residents who live close to the Institute,
- 280 students and 20 staff at Bishop Wambari Girl's Secondary School.

The **project focus** was on three areas:

1. Maintaining and enhancing health and hygiene to minimise the risks of Covid infection;
2. Boosting nutrition to provide a natural way of minimising Covid risks,
3. Boosting economic independence for a limited number of former street boys by giving them toolkits to establish themselves in the job market, which has been hit hard by the economic impact of the pandemic.

We received the funds on 3rd June 2021. The Covid emergency team in Naivasha met on 14th June 2021 to plan delivery of the project, and commenced implementation the following day.

We issued an interim report to Fondation Eagle on 28th July 2021 that described the immediate actions that were taken. These are included in this final report, with an update on the further actions taken since July and the results achieved (these are labelled 'Update November 2021').

Each action that was taken is referenced back to the approved project budget. Although the vast majority of the actions have been completed, a few outstanding actions involve recurring monthly expenditure will not be concluded until the end of 2021.

Sunshine street boys rehabilitation Centre

S1.1. Sunshine: Provide 882 re-usable face masks for the Sunshine Centre boys and pupils at Karai Primary School

On 18th June, we provided 882 reusable face masks to Karai Primary school pupils which the boys from our Sunshine Centre attend. The aim was to prevent Covid 19 infections, and the pupils and staff were extremely thankful for the supplies. The head teacher's letter of thanks is in the annex.



Sunshine Centre staff Joyce and Lili issuing face masks to pupils of Karai Primary School.



Update November 2021

The masks provided to all our boys and pupils of Karai Primary School have been of great help in the efforts to protect them from Covid-19. The masks, plus the other measures including hand-washing with soap, avoiding handshakes, etc have ensured zero Covid infection among the pupils.

The teachers and pupils of Karai Primary School have extremely grateful for the hand washing equipment and the masks supplied during the year, and the pupils now refer to our staff (Lili, Joyce and Simon) as 'Watu wa Masks' (the 'Mask People') when they meet them on their way home from school.



Sunshine Centre boys on 11th October 2021 - ready to start term 4 at high school, equipped with re-washable masks which are now part of their school uniform.

S1.2. Replenish stocks of hygiene and first aid materials (eg disinfectants, liquid soap, non-touch thermometers for Karai Primary School)

We purchased liquid soap for hand-washing, disinfectants for surfaces, disposable facemasks and hand sanitizers for our Sunshine Centre staff, and assorted medicines for common ailments.



Assorted health and hygiene items purchased for the Sunshine Centre and staff.

As a result, we have been able to carry out regular disinfection of surfaces, provide adequate liquid soap at our numerous hand-washing stations and hand sanitizers for our beneficiaries and staff respectively.



Samuel Mburu disinfects the Sunshine Centre main entrance gate and other trafficked areas three times each week. Boys, staff and visitors wash their hands at the hand-washing station on arrival at the main gate.

Update November 2021

These supplies have been of great help in ensuring that we have a sanitized environment that is safe for both the boys and staff at the Sunshine Centre. The stocks we purchased will sustain the sanitization regime until the end of the year. We have been able to top up supplies of liquid soap at Karai Primary when necessary.

The stock of drugs for common ailments we purchased in June 2021 were a great help especially in July and August when the weather was very cold and there many complaints all over Kenya of colds and flu.

As we were able to treat our boys immediately, their symptoms were mild and they were able to return to school quickly which prevented the boys losing even more days of education (they have already lost a great deal in the Covid shutdowns).

We have attached comments from our staff and boys in Annex 2.



Victor Ochieng a form 3 student washing hands with water and liquid soap on arrival at the Sunshine Centre on 11th October 2021.

1.3 and S1.4 Provide training and counselling on drugs and other substance abuse, and life skills

In June, the Sunshine Centre staff organised the first training sessions to provide the upper-primary age boys with information on drug and substance abuse, and guidance on life skills and behaviours needed to reduce risk. The boys were also given awareness on HIV/AIDS prevention.



The sessions were held on Sunday 20th June 2021 and were led by Dr Dan Muratha – a counselling psychologist who practices at Naivasha Referral Hospital.

Update November 2021

In September, we held two further training and counselling sessions on drug abuse and life skills. These were again led by Dr Dan Muratha from the Naivasha Sub-County Referral Hospital, supported by the Sunshine Centre Social Worker Simon Kuria.

The participants were boys in upper primary ie Grade 6, 7 and 8, and the sessions, entitled 'The making of a true gentleman', were aimed at character formation and helping the boys identify and start developing attributes that portray a person of good morals.

Our staff member Joseph Kamau who is resident on site with the boys reports that the boys have made a big effort to put into practice what they learned, resulting in noticeable improvements in behaviour.

John Wafula (Grade 7) wrote a short report on what he had learned (right).

My name is John Wafula and I'm writing to say what I have learnt on drugs and being of good manners.

During our training in September I learnt that drugs are very dangerous and they can bring me a lot of problems such as being expelled from school, poor thinking, disease of liver, poor academic performance, separation from friends and in long term it can damage my brain and even cause death.

I was also taught that a good gentleman respects older people, uses Please, Excuse me, I'm sorry and Thank you. I would like to be a true gentleman so I'll be respecting others, God and I'll be saying sorry when I make mistake, excuse me when I need something, please and I'll also be saying thank you when something good is done to me - John Wafula - Grade 7.

S1.5. Provide a range of non-contact sports and games (volleyball, basketball and board games)

In June 2021, courtesy of the Fondation Eagle grant funding, we were able to provide the boys with a range of new games. Helped by our staff, the boys were very excited to learn how to play snakes and ladders, junior chess, junior Scrabble, Monopoly, and draughts.

We also purchased and set up volleyball and basketball. Both immediately proved so popular that the boys were unwilling to end their games to come to the dining hall for supper. There is now a wide range of sports and games that provide interesting and challenging alternatives to football, and which promote social distancing.



Far left: John Macharia playing junior Scrabble with Kelvin Karanja

Left: Jacob taking on Kaguta at snakes and ladders.

Below left: Lilli teaching Rono to play Monopoly

Below right: Despite the orange team's best defensive efforts, the blue team score in the first game of basketball held at the Sunshine Centre.





Volleyball was immediately popular with the boys.

Update November 2021

The new sports and games have been a 'game changer' in the way boys utilize their free time while at the Sunshine Centre. Previously, we used to have football being played by over 30 players, but now the boys are evenly spread across a much wider variety of planned leisure activities. As well as keeping the boys busy, the sports are helping the boys stay fit and healthy, and have developed greater teamwork between them, uniting boys of different ages, dormitories, school class, and even dates of admission to the Centre.

Basketball has been particularly popular with the boys. Our social worker Simon commented: *"Basketball is excellent because the boys' whole bodies are involved in running, catching, passing and maintaining balance. They also use their minds as the game involves strategy, and the boys see that the team with the best tactics emerges best. These skills can be employed beyond the basketball pitch into child development."*

Sunshine Boy Francis Kimani reported, *"I like basketball very much, and as I am tall, I can score or defend easily!"*

Senior staff member Father Dorm said, *"The range of new sports and games have made my work of looking after the boys very easy especially on Sunday afternoons."*

They are occupied, and by evening, they are all very tired and excited.

Personally, I have become addicted to playing draughts with the lower primary age boys."



Boost nutrition of former street boys at the Sunshine Centre S.2.1, S2.2, S2.3

Our normal meals are heavily loaded with vegetables supplied from our outdoor irrigated garden (funded previously by Fondation Eagle). We have been able to enhance the nutrition further for our former street boys by supplementing them with vitamin and mineral rich green grams, soya and enriched porridge flour. We are providing the enriched porridge every morning, while soya and green grams are served twice a week. These additional foods are helping boost their immunity against diseases, including Covid 19.



Mrs Rebecca Kinyanjui and cook Patrick preparing soya beans for boys lunch.



James Kabono (left) and Stephen Kimani (right) enjoying their nourishing meals.

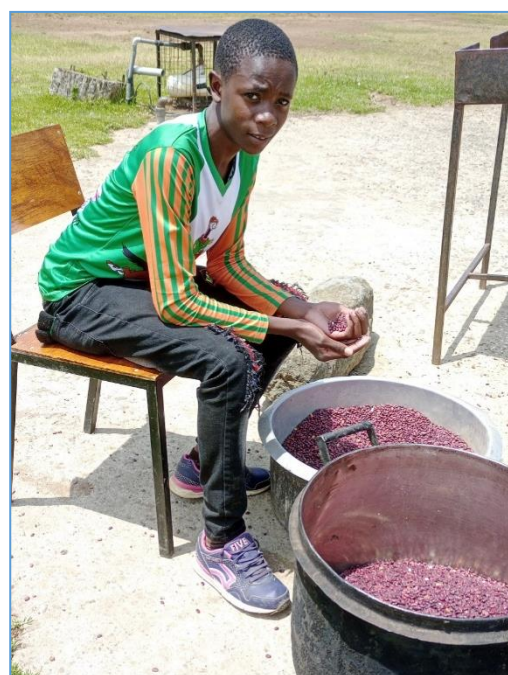
Update November 2021

We have continued with the provision of the food boost, and the boys have been particularly looking forward to their weekend meals as that is the time either soya or green grams are on their menu.

The enriched porridge that is being served to them daily mixed with maize flour enhances both the taste and quality of the porridge.

Patrick Ngugi, our senior cook, commented on how popular the enriched porridge was: *"The boys each take 2 cups of porridge every morning and they always check to see if there is some more!"*

Denis Mwangi (pictured sorting beans for the boys' supper) simply said, *"The rice and green grams lunch is so nice!"*



The boost we have been able to give to the boys' nutrition by providing these extra foods has been a key factor in keeping the boys healthy and free from Covid during the year.

S4.1 Economic independence: Start-up kits for boys who have completed vocational training

Your grant enabled us to purchase toolkits for 5 former street boys from the Sunshine Centre. We have cared for these young men for many years and they are now close to completing their vocational training courses, and starting their next stage of life as independent income-earners.

The start-up kits will enable them to establish income-generating businesses and move to financial independence at a time when the Covid pandemic has made employment prospects extremely difficult. There is a letter of thanks from Paul Gushu in the annex.

Joseph Njoroge and George Gitau who are training in hospitality used their new ovens to bake cakes that they served to the younger Sunshine boys.

In the time they have remaining on their courses, their instructors will provide them with further opportunities to practice with the toolkits under supervision, and guide them on proper care and maintenance of the equipment.

The five young men (all former street boys), with their start up kits which will enable them earn a living in their chosen trade.



Paul Gushu is an automotive engineering trainee at Kenya Industrial Training Institute, Nakuru.



Rev Simon Kinyanjui (Director) and Mrs Rebecca Kinyanjui handing over a shoe sewing machine to Ben Ndichu- a leather technologist trainee at Kenya Industrial Training Institute, Nakuru



Left: Plumbing trainee Joseph Mbuthia received a pipe-welding kit that will help him earn his living when he qualifies.



Centre: Rev Simon Kinyanjui (Director) and Mrs Rebecca Kinyanjui handing over charcoal ovens to George Gitau (left) trainee at Kenya Industrial Training Institute, Nakuru and Joseph Njoroge, trainee at the Continental Institute, Naivasha.



Far right: Joseph and George baked cakes in their new ovens which they served to the (delighted) younger Sunshine Centre boys



S4.2 Basic entrepreneurship training and mentoring

As well as providing them with toolkits, we organised training for the five young men who are nearing the end of their vocational training courses, providing them with the basic concepts of entrepreneurship and understanding of the business planning that is essential to the success of the entrepreneur of a small business. The major areas covered were:

- Practice the preparation of a business plan tailored to each individual's entrepreneurial needs.
- Understand saving as a life skill for individual livelihood and business improvement.
- Discipline as a pillar in any business investment.

The training was facilitated by Mr George Otieno - manager of NTTI, and Simon Kuria - Social Worker Sunshine centre. Rev Simon Kinyanjui (Sunshine Centre director) also shared with the boys the need to take care of the equipment as it has been provided to help build their future.

The training included a presentation by Ethan Ngugi, a Plumbing and Masonry trainee at NTTI. He has been able to combine his training course with work, earning income and gaining practical experience while he studied. He passed on practical tips and reassurance to the trainees that it is possible to do this successfully and without comprising their studies.

There will be continued follow-up of the boys who benefited from the start-up kits to help them succeed in their chosen vocation.



(From left to right) Mr. G. Otieno - facilitator, Ethan Ngugi - peer trainer, Joseph Mbuthia, Ben Ndichu, Paul Gushu, Joseph Njoroge, George Gitau (trainees) and Sunshine Centre Director Rev Simon after the basic entrepreneurship training.

Update November 2021

After purchasing and handing over the business start-up equipment to our 5 boys who are near the end of their vocational training, and carrying out the entrepreneur training, we provided Joseph Njoroge and George Gitau with basic funds to buy other essentials for cooking such as wheat flour, trays and utensils.

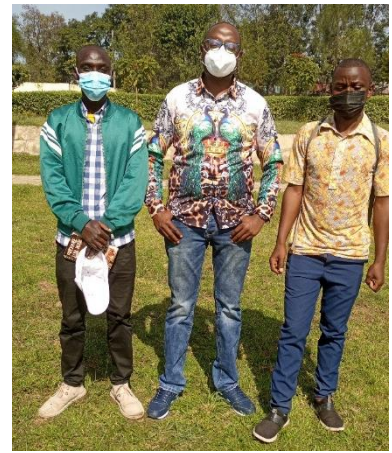
This initiative has already started to provide positive results. George Gitau has been using his oven to make queen cakes (photos right) which he is selling to fellow trainees at Kenya Industrial Training Institute (KITI)

where he is nearing the end of his course. This is exactly the kind of entrepreneurship that this part of the project was designed to encourage.



We also provided Ben Ndichu with a little cash to buy leather and other accessories to enable him to start making shoes (see photo).

Sunshine Centre staff members Simon Kuria and Amos Kinyanjui made follow-up visits to check on progress (see photo). They found that all the young men who received the start-up kits and training are doing well, and if all continues to go to plan, the kits will enable the boys to earn their living successfully when they qualify at the end of this year.



Left: Ben Ndichu making shoes. Right: Staff member Amos carrying out a progress check at KITI. He is pictured standing between trainees Paul Guchu and George Gitau

CONCLUSION

Simon Kuria, the Sunshine Centre social worker (shown talking to a street boy who has recently joined the Sunshine Centre) provides a vote of thanks:

“We are thankful for all the support from Fondation Eagle that has kept our boys and staff safe in this challenging year, and we are ready to face next year with confidence.”



Naivasha Technical Training Institute – NTTI

N1.1. Provide adequate stocks of disinfectants to combat Covid 19

The grant from Fondation Eagle enabled us to purchase disinfectants that are essential to our fight against Covid among the trainees and staff. As a result we have been able to maintain a regime of disinfecting all heavily used areas of the institution twice a week.



The disinfectants allow Zablon Tiko to carry out regular disinfection of trafficked surfaces at NTTI to maintain a sanitized environment

Update November 2021

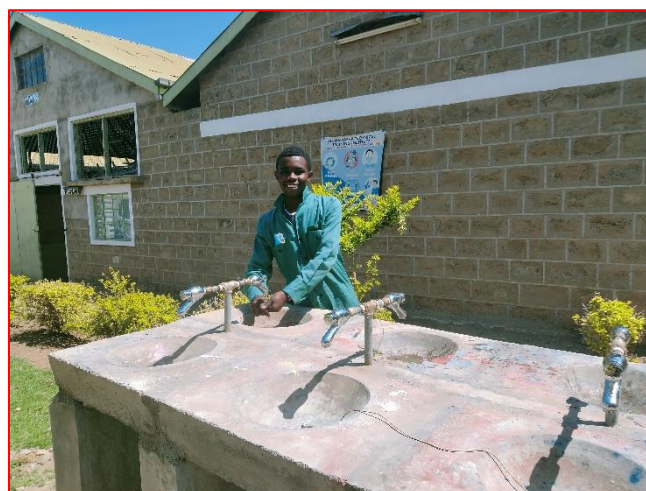
As a result of the help we received from Fondation Eagle, we have been able to maintain our sanitization regime with our staff member Zablon carrying out daily sanitization of the entrance gate and disinfecting the surfaces of highly trafficked areas at least twice a week. We also insist that all trainees and visitors wash their hands at the washing stations as they enter and leave the Institute.

The result has been that we have kept all trainees and staff safe from Covid. Mr. Ngure, who teaches the motor-vehicle electrics course, commented: *"I am happy to work in a place where all Covid 19 precautionary measures have been set, making me and my trainees feel safe during training sessions."*

Duncan, a plumbing trainee, is very happy with the hygiene arrangements too: *"It feels secure to begin with a temperature check, handwashing with soap and using tools that are sanitized. This makes our school special as there are reminders of safety in our training area."*



Margaret and other NTTI trainees washing hands next to their washrooms



NTTI trainee Duncan washing his hands in one of the washing bays near the workshops

N1.2. NTTI: Provide sanitary towels for 50 trainees

We started to issue sanitary towels to 50 trainees in July, and have funds to be able to continue this for a further three months. They are a great help to our young women trainees.

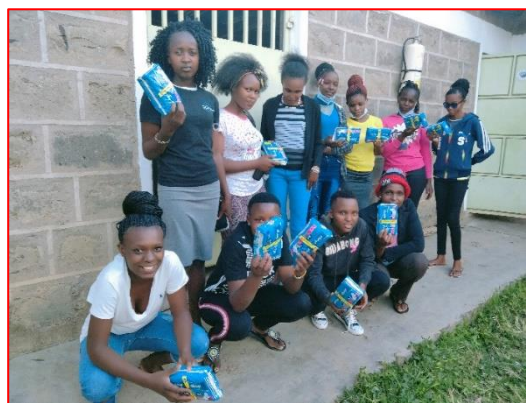


Girls from various department of our institution excited to receive packs of sanitary towels for the month.

Update November 2021

Your grant has enabled us to replenish our stock and continue supplying the NTTI girls with sanitary towels when they reported for Term 3 in early September 2021.

"It has been good to get support with this essential ingredient in a girls normal life during this time that our parents are still struggling to get food at home in the centre of Covid 19 crisis. On behalf of my friends, I am thankful and God bless everyone who has seen this happen to us." Lydia Nyambura a 1st year trainee in Plumbing and Masonry.



NTTI trainees receive their monthly packets of towels

N1.3. NTTI: Provide Covid and life counselling training to promote mental health

On 25th June 2021, we held the first training and awareness sessions for NTTI trainees covering topics such as drug abuse and HIV awareness and prevention. The sessions were run by Mwikali Maina, a counselling psychologist based at nearby Naivasha District Hospital.

After completing the workshop, the students understood the main factors putting them at risk:

- Substance use/abuse and sex.
- Peer influence
- Idleness
- Multiple sexual partners.
- Low perception of risk.
- Older partners.
- High rates of STIs

They were very appreciative and asked the counsellor to find time for them again in future. We plan to hold two further sessions next term in September.



Mwikali Maina a Counselling Psychologist from Naivasha District Hospital takes trainees through drugs/drug abuse and HIV training in NTTI's assembly hall

Update November 2021

We conducted two further training sessions during the months of September and October. Their main focus was on the prevention of infection of Covid 19, HIV and Drug Abuse, and were led by Dr. Henry Wamai and Dr. Janet Chepchumba, the Naivasha Sub County Public Health Officers who are part of the Covid 19 emergency response team in the County.

These training sessions have helped create awareness of the dangers of Covid, and why it is important to take precautions. We thank God that to date, NTTI has not had any infections.

Because the pandemic has tended to overshadow other important lifestyle behavioural infections, the training sessions also covered drug abuse and prevention of HIV. This was an important reminder of the devastating affect these have on the lives of young people.

We very much appreciate the support Fondation Eagle has given us to run the three courses on such important topics to keep our young people safe from harm.



Left: Dr. Janet Chepchumba talking on Drug Abuse and HIV Right: Dr. Wamai leading the session on Covid 19 awareness and immunization

N1.4. NTTI: Provide free water to 100 disadvantaged families to encourage washing

We started to issue free borehole water on 14th June, and hope to be able to continue this for the next seven months, thanks to the support from Fondation Eagle. To date, an average of 23 households are benefitting each day, and by 3 July, we had issued 27,600 litres of water from the borehole. Typically, each household has six people, so we are benefitting about 140 people each day by providing them with the water they need to stay clean and safe.



Update November 2021

We have continued to provide water to the neighbouring vulnerable families. From the beginning of the free water supply programme to mid-October we have been able to supply 145,200 litres of water to 27 households reaching out to 162 beneficiaries every day.

Mary Kiarie (photo right) lost her job during the Covid crisis. One of the beneficiaries of the programme, she described how this initiative had helped her at a difficult time: *“I have received free borehole water for a long period now. The little earnings I get from washing my neighbours clothes have gone to food and other household needs saving me from buying water at KES 10 per a 20 ltr jerrican as I await to get back to my usual work at the flower farm when the situation stablizes.”*



With the help of the grant from Fondation Eagle, we plan to continue to help these needy families until the end of 2021.

N.2.1 to N2.5

To boost nutrition for the trainees at NTTI, we have put a one-acre plot under cultivation with the intention of providing vegetables that can be supplied free to the trainees to help boost nutrition levels, and ease pressure on their tight budgets. The activities we were able to undertake with Fondation Eagle’s support were ploughing and harrowing, installing a security fence, installation of drip hose, addition of manure, planting of seedlings, and spraying against pests. The following photos illustrate the initial activities that we carried out in the period 15th June to 7th July 2021.

N2.2 Ploughing the land for outdoor irrigation



N2.5 Install security fencing



Fundi Juma (in khaki) doing the fence of the land with other engaged workers.

N2.1 Purchase and install outdoor drip irrigation



Technician Kamau from Agrifit fixing the drip irrigation system with the help of two NTTI two plumbing trainees.



N2.4 Farm Manure



N2.3 Farm inputs/labour



Left: NTTI groundsman Zablon (in the dark blue overalls) planting the seedlings along the drip lines with another hired labourer.

Above: Pest control insecticide spraying in progress

Update November 2021

We were able to start harvesting the fresh vegetables in September, and to commence providing them free of charge to the students. Alice (a Garment-Making trainee) reported, *“I am very happy to receive free fresh vegetables from the farm, which have helped me eat well, and enabled me to save some money I can use for other essentials”*



Thanks to the Fondation Eagle's support, the farm will continue to benefit trainees for many years to come.

CONCLUSION

Mr George Otieno, the Manager at NTTI, gives his vote of thanks:

“We at NTTI are sincerely grateful for your continued support of the Institution.

We have a healthy, happy trainees and staff, a productive vegetable garden, and permanent hand washing stations just to mention a few.

May God continue blessing Eagle Foundation.”



Bishop Wambari Girls' Secondary School

W1.1. Provide 560 washable face masks and adequate stocks of disinfectants

All girls were issued with washable masks to use while they are in school. This kind gesture has motivated the girls to continue observing the protocol by the Ministry of Health, they feel loved, cared for and above all protected. On their behalf, receive many thanks.

Update November 2021

The schools in Kenya all closed for a short period of 10 days before the new term began on 12th October 2021. Our girls and staff members have resumed and they are all in good health and we thank God for His protection.

With the help of Fondation Eagle's generous grant, washable face masks have become part of the 'new normal', and both the girls and the staff have been very keen on their use. Providing free masks to girls has been very helpful and, as a result, they feel positive and protected.



W1.2 Purchase of disinfectant e.g. sanitizers, Kerol, detergent, Dettol.

The disinfectants enabled us to sanitize the school dormitories for their safety. The sanitizers were put in the washing points that are installed in strategic places for students to wash hands regularly in line with Ministry guidelines. We are able to carry out continuous spraying of surfaces that are likely to be contaminated. All these are helping to keep girls safe from the risk of Covid



Update November 2021

We have been able to maintain high levels of hygiene and safety at the school that have been effective in protecting the girls and staff members against Covid 19. The girls and staff have

consistently used the hand washing points that are strategically placed within the school, and we have maintained regular sanitisation in the dormitories, classrooms, toilets and the kitchen.

The school Environment Prefect Patience Mueni commented: *“The handwashing points have been very helpful to us and they are put on strategic places just to remind everyone to wash hands in case they had forgotten.”*

The staff are happy too. Mr. Barasa said, *“The hand washing points are a constant reminder that it’s important to wash your hands, for your own safety and of others. We are immensely grateful to Fondation Eagle - your generous grant has enabled us to maintain this hygiene regime, ensuring that both the girls and staff are protected and safe.”*

W1.3 Install two rainwater tanks near the classrooms and dormitories to provide additional water for hand washing

We have been able to purchase and install two more water tanks (each 10,000 litre capacity) which are already in use harvesting rain water for the girls to use for handwashing and drinking.



Update November 2021

The two water tanks have continued to be extremely important to the school. By harvesting and storing rainwater, the girls and staff now have clean water to drink and the school has enough stored water to irrigate the farm.

The girls say that the water is clean and good for drinking and this is true because rainwater is free from the fluorides that are normally present in ground water in Naivasha (high doses of fluoride cause teeth staining and contribute to osteoporosis).



Left: Bishop Wambari School students collecting drinking water from the newly installed rainwater storage tanks. Right: The school now has enough water to irrigate the crops that provide fresh vegetables for the girls to enjoy.

W1.4. Provide post-Covid and life training to promote mental health e.g. for student mothers

Officials from the Ministry of Health conducted the post Covid training for both staff and girls on 9th July 2021. The topics covered included preventive measures on Covid – 19. This has helped in combating the spread of the Covid 19.

The training also included elements on HIV/Aids & Youth, Covid 19 and HIV/Aids relationship. There has been continuous individual student mothers' support by the counselling department in an effort to control stigma. During the recap session, the girls showed they had learned a lot from the sessions, especially on how young people can protect themselves from HIV/Aids.



In her vote of thanks, the school Head girl Anne Kisonko said, "It has been a powerful session that has left most of us very strong against Covid & HIV/AIDS. We thank you for empowering us and we promise to practise what we you have taught us". The teachers were also very happy as the training has helped combat the negative impact of the girls missing nearly 9 months of school due to the Covid closures.

Update November 2021

The post Covid and life training held in July was very informative, and has had a lasting effect on the students. The staff can see that what the girls are putting into practice the lessons they were taught by the Health Ministry officials.

W1.5 Provide free sanitary towels for 280 girls

The girls were provided with sanitary towels and this has helped in boosting their confidence and they feel protected at all times (photo below left).



Update November 2021

We have been able to continue to provide sanitary towels, and the girls are extremely grateful for this kind gesture. Susan, a Form 3 student, had to say this *"The stress I had on how to protect myself is over and thanks to the donor, I can now participate in games without fear or worry of leakage"*.



W1.6 Provide hygienic waste disposal bin

To protect the girls and the clinic officer, the school's clinic has received a waste disposal bin which is in use to dispose of clinical waste such as used masks, bandages, surgical gloves. This has helped our efforts to ensure continued protection against person-to-person spread of Covid 19 and other communicable diseases (photo top right on previous page).

Update November 2021

The waste disposal bin has continued to be very useful at the school's clinic for the safe disposal of clinical waste. It remains in daily use, and is an effective method of minimising the risk of person-to-person spread of communicable diseases.

CONCLUSION

Madam Jane Muhia, Deputy Principle of Bishop Wambari School, gives her vote of thanks:

"We at Bishop Wambari take this opportunity to pass our sincere appreciation to Eagle Foundation for their continuous love and support. God bless you."



Results summary

Sunshine street boys' rehabilitation centre			
	Ref	Action	Benefit achieved
Maintain and enhance health & hygiene	S1.1	Provide 882 re-usable masks for our 136 boys and 19 staff at the Sunshine Centre and 600 Karai Primary School pupils.	We have provided reusable facemasks for our boys at the Sunshine Centre and for the pupils at Karai Primary School. This has contributed to keeping the children safe from Covid.
	S1.2	Provide hygiene supplies including disinfectants, liquid soaps, non-touch thermometers.	We have been able to maintain a sanitization regime that has kept the boys and staff safe from Covid.
	S1.3 S1.4	Provide 2 training sessions on life skills and 2 training sessions on prevention of drug and substance abuse, facilitated by trained social workers	We carried out the 2 training sessions and have seen positive results in the attitudes and behaviour of the boys.

	S1.5	Provide non – contact games such as volleyball, basketball and board games.	These have been extremely successful in providing a wider range of recreational activities which have developed skills and teamwork, and have been enjoyed by the boys and staff.
Boost nutrition	S2.1 S2.2 S2.3	Provide green grams, millet porridge flour and soya beans to supplement the boys' meals for 8 months.	These are very popular with the boys who enjoy the extra variety in their diet. The extra protein, vitamins, minerals and fibre has contributed to keeping the boys healthy and free from Covid.
Economic independence	S4.1	Provide start-up kits for 5 of our former street boys as they complete their vocational training. This includes providing basic entrepreneurship training and ongoing mentoring and progress monitoring.	The 5 boys have received the kits and training, and are ideally placed to succeed in the challenging job market when they complete their courses. One boy has already started to earn income from his fellow students.

Naivasha Technical Training Institute (NTTI)			
		Action	Benefit achieved
Maintain and enhance health & hygiene	N1.1	Provide supplies of spray disinfectants	We have been able to maintain a sanitization regime that has kept the boys and staff safe from Covid.
	N1.2	Provide 2 packs of sanitary towels every month for 50 female trainees (7 months)	These have been popular with the trainees and have really improved well-being, confidence and self-esteem.
	N1.3	Conduct Covid and life counselling sessions for trainees affected by Covid-19	Students are fully aware of the risks of Covid and are taking effective measures that have ensured there have been no Covid cases at the Institute.
	N1.4	Provide free borehole water for 100 disadvantaged families for 8 months (approximately 500 beneficiaries including trainees' families, and other families who live near NTTI).	27 families (over 160 beneficiaries) have been able to access fresh clean water which has helped keep them safe and has helped families meagre budgets stretch further.
Boost nutrition	N2.1 to N2.5	Provide free vegetables to our 170 boarding trainees who have suffered the adverse economic effects of the pandemic. We will achieve this by cultivating a 1-acre plot at NTTI to produce kale, spinach, onions, capsicum, and other vegetables.	The farm has been established and in September started to produce vegetables for free distribution to the students, helping boost nutrition and helping students on meagre budgets. The benefit of this will continue for many years to come.

Bishop Wambari Girls Secondary School			
		Action	Benefit achieved
Maintain and enhance health and hygiene	W1.1 W1.2	Provide 560 washable face masks and disinfectants	We have provided reusable facemasks which are being worn by all the girls at the school. This has contributed to keeping the girls safe from Covid.
	W1.3	Purchase and install 2 x 10,000 litre rainwater capture tanks (near dormitories and dining area) to increase water available for hand washing.	The tanks have been installed and have captured rainwater which the girls use for drinking and handwashing, helping keep the girls healthy. It also means that the school has sufficient water to irrigate the farm.
	W1.4	Provide post-Covid training and counselling e.g. for student mothers, substance abuse, etc.	The girls found the training very informative and are fully aware of the risks of Covid and HIV. The anti-Covid measures have been and there have been no cases at the school.
	W1.5 W1.6	Provide 2 packs of sanitary towels per student per month, and hygienic waste disposal bin.	These have been popular with the students and have really improved confidence and self-esteem. The bin is helping maintain high levels of hygiene.

Challenges

As soon as the funds were available, the project was delivered quickly by the experienced team that has been managing the response to the Covid crisis since March 2020. There were no significant challenges that could not be overcome.

Successes:

Sunshine Centre and Karai Primary School: We needed to provide a safe way to keep the boys and staff at Sunshine Centre safe as it returned to full operation. Your grant enabled us to achieve this. You also helped keep safe the children at the local community school that our Sunshine centre boys attend. A letter of thanks and appreciation from the head teacher of Karai Primary School is included in the Annex.

The nutrition boost provided from the extra soya, enriched porridge and green grams, coupled with the extra fresh green vegetables harvested from the Sunshine Centre's farm, has kept all the boys physically strong and healthy (the farm irrigation system was funded by a grant from Fondation Eagle in 2020).

Naivasha Technical Training Institute and Bishop Wambari School: Our students and staff have been able to stay fit and healthy. Supplies from the irrigated farms have provided trainees with fresh vegetables that are of better quality than available in the market, boosting their health and saving them money and time, too.

As far as we know, the investments we have been able to make at the three institutions as a result of your grant are unique in the Naivasha region.

Impact

Sunshine Centre: We have been able to maintain social distancing, implemented effective health and hygiene measures and heightened and maintained awareness of how to prevent Covid. As a

result, the Sunshine Centre has fully reopened with all our boys and staff remaining safe and free from Covid. The boys have been reassured that they are safe to resume a more normal life, and parents and guardians are comfortable that all possible measures have been taken to keep their children healthy. We are well placed to continue to maintain a safe and hygienic institution in the future.

Naivasha Technical Training Institute and Bishop Wambari School: The sanitized environment we have been able to provide during the Covid 19 crisis has kept the students safe and well. NTTI has seen an increase in student intake in some departments, especially the Computer classes. This is a reflection on the fact that parents have great confidence in the measures that have been put in place to reduce the risk of infection and keep their children safe.

Expenditure summary

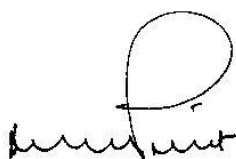
Our estimated cost for the project was 2,148,946 Kenya Shillings (KES), and we used a rate of GBP 1 = 148 KES for our budget. We received the Fondation Eagle grant of GBP 14,520 on 3rd June 2021 and transferred KES 2,148,946 to Kenya on 7th June 2021, obtaining an actual exchange rate of GBP 1 = 151.25 KES, retaining a balance of GBP 312.24.

At the beginning of November 2021, the actual spend against budget is as follows:

Meeting the challenges of 'new normal' for disadvantaged young people in Naivasha, Kenya					GBP 1 = KES 148		GBP 1 = KES 151.25			
Ref	Institution	Item/Activity	Units	Unit cost (KES)	Budget (KES)	Budget (GBP)	Actual expenditure (KES)	Variance (KES)	Variance (GBP)	Status
1	Maintain and enhance health and hygiene									
S1.1	Sunshine	Provide washable masks	882	100	88,200	£596	88,200	-	£0	Complete
S1.2	Sunshine	Provide stocks of first aid consumables, disinfectants, liquid soap etc	Assorted		100,000	£676	84,100	15,900	£105	Ongoing
S1.3	Sunshine	Training on drugs and other substance abuse	2	10,000	20,000	£135	20,000	-	£0	Complete
S1.4	Sunshine	Training on life-skills	2	10,000	20,000	£135	20,000	-	£0	Complete
S1.5	Sunshine	Non contact games (volleyball, basketball and board games)	Assorted		32,850	£222	36,450	-3,600	-£24	Complete
N1.1	NTTI	Spraying Disinfectant	7	3,000	21,000	£142	21,000	-	£0	Complete
N1.2	NTTI	Sanitary Towels for 50 Trainees (7 months)	700	80	56,000	£378	40,100	15,900	£105	Ongoing
N1.3	NTTI	Covid and life counselling	3	5,000	15,000	£101	15,000	-	£0	Complete
N1.4	NTTI	Free borehole water - 100 families - 8 months	8	30,000	240,000	£1,622	152,923	87,077	£576	Ongoing
W1.1	Wambari	Provide washable masks	560	100	56,000	£378	55,956	44	£0	Complete
W1.2	Wambari	Disinfectant e.g. sanitizers, kerol, detergent, dettol.	2	18,000	36,000	£243	36,020	-20	£0	Complete
W1.3	Wambari	Purchase and instal additional water tanks for handwashing and cleaning - 10,000 litres each	2	85,000	170,000	£1,149	169,500	500	£3	Complete
W1.4	Wambari	Provide post-Covid and life training	1	15,000	15,000	£101	15,000	-	£0	Complete
W1.5	Wambari	Sanitary towels	1,120	80	89,600	£605	89,550	50	£0	Complete
W1.6	Wambari	Hygienic waste disposal bin	1	2,500	2,500	£17	2,500	-	£0	Complete
Total Maintain and enhance health and hygiene					962,150	£6,501	846,299	115,851	£766	
2	Boost nutrition									
S2.1	Sunshine	Soya beans	8	11,700	93,600	£632	93,600	-	£0	Complete
S2.2	Sunshine	Enriched porridge flour	16	9,000	144,000	£973	144,000	-	£0	Complete
S2.3	Sunshine	Green grams	8	10,800	86,400	£584	86,400	-	£0	Complete
N2.1	NTTI	Purchase and instal outdoor drip irrigation & tools	1	210,000	210,000	£1,419	210,000	-	£0	Complete
N2.2	NTTI	Ploughing and harrowing	1	20,000	20,000	£135	20,400	-400	-£3	Complete
N2.3	NTTI	Farm inputs/labour	3	40,000	120,000	£811	60,520	59,480	£393	Ongoing
N2.4	NTTI	Farm Manure	3	20,000	60,000	£405	36,000	24,000	£159	Ongoing
N2.5	NTTI	Instal security fencing	1	50,000	50,000	£338	50,250	-250	-£2	Complete
Total Boost nutrition					784,000	£5,297	701,170	82,830	£548	
3	Boost safe learning REMOVED - not funded									
4	Economic independence									
S4.1	Sunshine	Start-up kits for boys who have completed vocational training	5	20,000	100,000	£676	112,000	-12,000	-£79	Complete
S4.2	Sunshine	Basic entrepreneurship training and mentoring	2	12,500	25,000	£169	25,000	-	£0	Complete
Total Economic independence					125,000	£845	137,000	-12,000	-£79	
5	Management									
	Sunshine	Supervision, telephone, network, transport, documentation.			87,616	£592	87,616	-	£0	Complete
	NTTI	Supervision, telephone, network, transport, documentation.			108,780	£735	108,780	-	£0	Complete
	Wambari	Supervision, telephone, network, transport, documentation.			81,400	£550	81,400	-	£0	Complete
Total Logistics: travel, fuel, transport, airtime, admin					277,796	£1,877	277,796	-	£0	
Grand Total Meeting the challenges of 'new normal' in Naivasha, Kenya					2,148,946	£14,520	1,962,265	186,681	£1,234	

We have completed the majority of the actions at, or very close to, the budget. There are several ongoing actions which involve monthly expenditure, and we expect these balances to be used up by the end of December 2021. It is likely that most or all of the GBP 312.24 saving due to the helpful exchange rate will be unspent. **We request Fondation Eagle allow us to provide the final account in January 2022 when the final costs will be known.**

Signature and date:



Date: 16 November 2021

Chairman of trustees, Footsteps International

Annex 1: Votes of thanks to Fondation Eagle for their support (included in July's Interim Report)

Jane Muhia Deputy Principal of Bishop Wambari Girl's School:

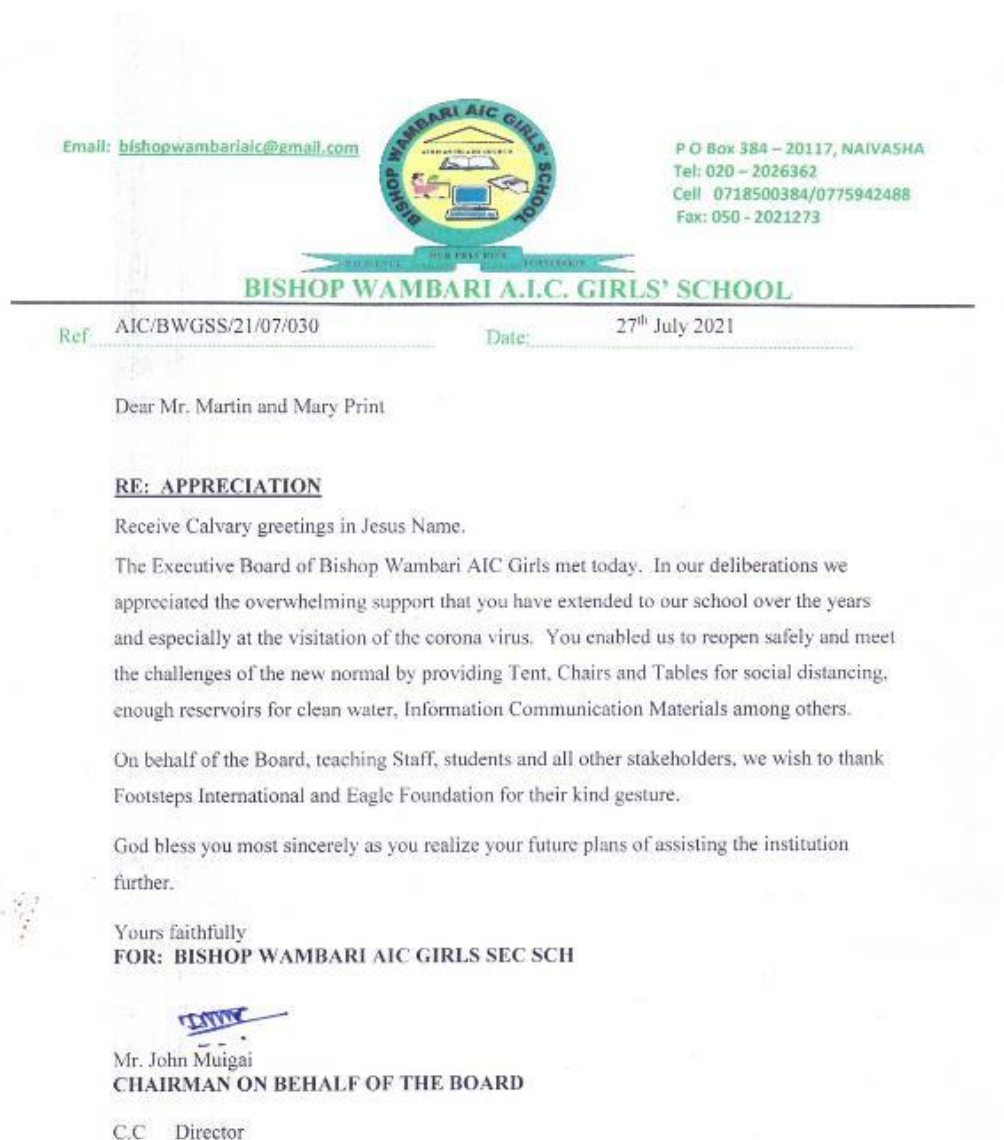
Since we resumed the learning process during this Covid – 19 pandemic we have been able to cope with the new normal, through your support of washable masks, disinfectants, water tanks, hygienic waste disposable bin and sanitary towels.

We really appreciate the support as we continue to observe health regulations of keeping social distant, sanitization and washing of hands. Not forgetting the two tanks which are already in use.

We take this opportunity to thank Fondation Eagle through Footsteps International for the continued support!

May the almighty GOD bless you abundantly as you continue with the good work.

Mr John Muigai, Chairman of the Board, Bishop Wambari Girl's School:



From George Otieno, Manager, Naivasha Technical Training Institute:

This project has seen each one of us have a new lease of life. The implementation of the outdoor garden, provision of sanitary towels, adequate stocks of disinfectants, life skill trainings have been a great encouragement to our trainees who developed a positive attitude of a loving and caring school where they feel a sense of belong, especially when called for to assist in the garden. As NTTI we are very thankful as this and other projects (previous supported) have made us great friends who, when our light goes out, you rekindle it by a spark. Each of us has cause to think with deep gratitude of those who have lighted the flame within us.

From Simon Kuria, Social Worker at the Sunshine Centre:

Your support has brought a 'new life' at Sunshine especially on weekends when boys are engaged in myriad activities making their life very enjoyable. We thank God and the donor for the assistance that will also see 5 of our young men face future with hope as they are now armed with essentials for success in their entrepreneurial life.

From Paul Gushu at the Sunshine Centre who received a toolkit:

Dear Rev Simon,



I want to take this chance, to thanks God First ,for the time and gift of Life .
I also want to thank you sincerely for your Kindness, which you showed on Saturday last week.



It's from the bottom part of my heart ♥that I want to say that I really appreciate for the Mechanical tools. Which I promise to Take care of..Coz I believe they will be if much help to me. And I have high hopes that they will help me nurture my small dream To A Big Dream come True.....of becoming the Best there is In the Automative services Provision.

Yours faithfully
Paul Gushu Wanyoike

From Rev Simon Kinyanjui Chege, Director of NTTI, Wambari and Sunshine

Greetings from Naivasha Kenya


On behalf of Sunshine Rehabilitation Centre, NTTI and Wambari School, I wish to express our heartfelt gratitude for the support that has made us realize continued safety among ourselves, both staff and boys/trainees/students.

The generous funding of KES 2,148,946 will go a long way in enhancement of health and hygiene measures in the 3 institutions, ensure enriched nutrition, establishment of non-contact games and economic independence of 5 Sunshine youth. It will also facilitate provision of free water to community and initiation of vegetable production for our trainees at NTTI. In addition, girls will have sufficient water for drinking and hand washing from the newly installed rainwater storage tanks.



For these milestones, May God bless Footsteps International and Fondation Eagle. Thank you so much.

From Mr. John Muiru, Head teacher at Karai Primary School, Naivasha who received facemasks for the pupils



The headteacher
Karai Primary school
PO Box 1000 - 20117,
Naivasha.
29/06/2021

The Managing Director
Sunshine Rehabilitation Centre


Dear Sir,

RE: A NOTE OF THANKS

I hereby take the earliest opportunity to pass a vote of thanks to you, and the entire management of Sunshine rehabilitation Centre. You have indeed been a big blessing to my school.

To start with, you donated to us a multi-million water tank reservoir and harvested all the rain water. Shortly afterwards, you donated to the school a hand washing complex worth so much. This has gone a long way in boosting the health of our pupils and proper hygiene especially at this time of Covid-19 pandemic in our country.

To crown it all, you have now donated face masks for the entire school populace from PP1 - Class 7. We indeed appreciate these generous contributions and support for our school. As the headteacher of this institution, I have words through which I can express my gratitude. Through your support my school is completely compliant with the covid-19 protocols as of now. **ASANIENI SANA!**

Yours Sincerely

0722 469105

Annex 2: Votes of thanks to Fondation Eagle for their support (received since July's Interim Report)

From Sunshine Centre staff and boys

I am writing on behalf of Sunshine staff to give words of thanks for all efforts taken to ensure that we are working in a safe environment. Our staff Samuel Mburu has been spraying surface disinfectant atleast twice in a week on dorms and class windows and doors. Gate, office door and kitchen and office tables are sanitized daily as most staff come from without the center.

Our temperatures are taken as we enter the center and record. These measures plus regularly washing our hands with soap has been of great help in eradicating the infections. We have a hand washing station just outside the office and at the gate to ensure even visitors first wash their hands before they are attended to. Masks are also provided to all staffs to ensure they keep themselves and the children safe.

Lili Gishu.
Accountant.

We are thankful for the measures taken to keep us safe here at the centre. Our temperatures are always taken when leaving for school and church and likewise when we are getting back to the centre. We also wash our hands with liquid soap everytime we get in, from school, before getting to dining and after play as we have many areas of washing our hands.

Anytime one of us has a headache or any other small sickness, Father Dorm gives us medicine and we get back to school.

On behalf of Sunshine boys, I say thank you very much for keeping us safe.
God bless you. Julius Mwangi Grade 6

COVID-19 TRAINING

As the NATETI fraternity we have taken Covid-19 case issue seriously by having various precautions:

- a) We have posters located in different stations with measures to be observed to avoid Covid-19 infections.
 - b) We have heard training by Dr Wamai and the team which has created self awareness and lowered the stigma we had about Covid 19.
 - c) Many permanent water stations has been built with clean running water.
 - d) No one is been allowed through the gates, into the classrooms, assembly hall, workshops and hostels without face mask.
- We have specific persons that checks everybody's body temperature.

LESSONS AND APPLICATION

With the training, we have learnt the importance of the Covid-19 vaccine which shall help to prevent ourselves and the others. Different individuals at different time have been visiting the Naivasha District Referral Hospital for the injection of the vaccine.

Through personal testimonial from different individuals who have been closely affected by Covid-19 we confidently conclude and accept that Covid-19 is real. We are willing and working on all the measures given by the ministry of health to avoid infection.

DRUGS / DRUG ABUSE AND HIV TRAINING.

Through the above training much self awareness was created leading us to personal cautiousness and eventually the discipline and drug cases have become minimal.

The training has helped us to accept whom we are and we have purposed not to accept everything offered by our peers without question in the name of avoiding shame and defeat.

BY ETHAN GITHAE

