



**MEAK**  
MEDICAL & EDUCATIONAL AID TO KENYA

**EMERGENCY FOOD AID**



Medical Education



Aid



Kenya

*JAN, 2023 FEEDING REPORT*



# FEEDING REPORT FOR THE MONTH OF JAN, 2023-Interim

## *21st FEEDING PROGRAM MISSION AT SAMBURU COUNTY,*

Three major droughts have hit the ASAL area of Kenya during the last decade (2010-2011, 2016-2017 and 2020-2022). There have been extensive losses of livelihood and large population relocation due to the ongoing drought (2020–2022) which has seemingly extended to 2023. 24% of the ASAL population, or more than 4.2 million people, are experiencing severe acute food insecurity presently, with over 2.7 million individuals at the Crisis stage. The protracted drought has resulted in the loss of cattle in pastoralist communities and the failure of farmers to harvest any substantial crops for five growing seasons consecutively. Pastoralist households in Kenya have lost over \$2.4 billion in income and food because of the loss of more than 2.4 million animals. Food insecurity is a serious problem in Samburu County, and Foundation Eagle and MEAK have been working collaboratively to alleviate this problem by providing the locals with food on a consistent basis.

**PREPARED BY: ALEX M. THIRU**

**21<sup>st</sup> FEEDING PROGRAM REPORT AT SIRAI, NTABAS, NGARI, SOIT PUS****DATE: JAN 2023****DONORS: FONDATION EAGLE****NO. OF FAMILIES FED: 700****APPROXIMATELY 3,780 INDIVIDUALS****INTRODUCTION**

The situation in the ASAL's has continued to deteriorate drastically. The poor performance of the long rains, implies that this year's pasture and grazing conditions will likely remain below average, and the forecast of yet another below-average short rain is worrisome. These conditions have continued to have a severe impact on the quality and overall health of both individuals and livestock. The persistent drought has exposed the vulnerability of the ASAL people. Children, pregnant women, and lactating mothers continue to suffer disproportionately from severe malnutrition. This level of malnutrition among these vulnerable communities has weakened their immunity and increased their susceptibility to illness. Most families have developed desperate and unhealthy coping techniques to deal with the ravages of the drought. In another successful mission, MEAK and Fondation Eagle have managed to successfully help cushion the most vulnerable community members from this disastrous situation. During our first visit of the New Year (2023), we have managed to feed 700 families which are approximately 3780 individuals.

**PURCHASES**

Over the last several months, all major grains saw an increase in price on a global scale. In January 2023, they have already reached a tipping point. The results are detrimental. The number of individuals suffering from hunger is increasing, and these high costs are impeding the progress being made in the effort to thwart hunger. With these hefty expenditures, food programs are struggling. Even in January, food costs are still skyrocketing, and inflation has appreciably lowered purchasing power. Nevertheless, we were able to negotiate favorable prices with our regular vendors. We managed to feed 700 families which are approximately 3780 individuals. The food supplied included the items listed below



*Weighing the package*

- ✓ Maize meal 7kg
- ✓ Beans 3kg
- ✓ Rice 3kkg
- ✓ Millet 4kg
- ✓ Salt 1kg

**TOTAL – 18Kgs***Loading food stuffs into the truck***MISSION**

Food is packaged over the course of two days at the central store, where the consumer-sized bags are filled with the food items. Before the night of the mission, our dedicated team guarantees that everything is organized and in place. It takes us about five hours to get to the collection site, therefore we depart for the mission at 2 A.M, in order to arrive at these points at 7 A.M. In our first mission this year, we successfully managed to feed 700 families which is nearly 3780 individuals. Older people are also more likely to miss out on food distributions, especially when getting a ration requires long queues under the hot sun. Thus we always conduct a door to door services to ensure the frail and the sick get their food packages too. Each family got; 7kg maize meal, 3kg beans, 3kg rice, 4kg millet and one kg of salt.

*Crowd feeding at Ng'are and Ntabas locations*



Medical Education



Aid



Kenya

2023/24

The situation is dire in these regions of the country. Malnutrition is prevalent in Children under the age of five years, living in ASAL regions. These children wait under the scorching sun for left-over food items and drinks from travelers, they are unable to go to school on an empty stomach. The elderly too, are malnourished and in need of immediate care and treatment. The Animal carcasses as well as goats on the verge of death, from lack of water and pasture, depict how life in these regions is hanging in the balance. Long dry spells and droughts have increased levels of vulnerability to the point that an increasing proportion of pastoralists are unable to handle the escalating hunger. Although the efforts we are making may look like a drop in the ocean, I can confidently say that we are saving many lives and restoring lost hope.



*Starving and malnourished elderly men, women & children*

*The milk we give them serves as first aid to those starving to death. It is normally meant for teams' lunch snack, but it is regularly sacrificed to the children and those in extreme distress*





Medical



Education



Aid



Kenya

2023/24

## **CHALLENGES**

- Clean water: The majority of seasonal riverbeds have dried up due to the drought. The population is now compelled to trek several kilometers in search of extremely polluted sources of water, such as dry river beds, open wells that are not protected, and boreholes. As you can see here, the drought has aggravated long-standing water problems and in addition sparked an excessive bloom of algae in the riverbed



*Children fetching water for domestic consumption*

- Habitually, marginalized populations dwell in distant, isolated communities. These people lack easy access to electricity, water, roads, and reliable transportation. This separation limits access. Our trucks cannot traverse the terrain which forces us to use administrative vehicles together with ours in order to access those who are old, too weak to travel, sick and the disabled. As you can see from the picture below, the terrain is bleak and desolate, with nothing but dry bushes for miles.



*ASAL regions of Samburu County*



Medical



Education



Aid



Kenya

2023/24

- The protracted drought has resulted in the loss of cattle in pastoralist communities and the failure of farmers to harvest any substantial crops for five growing seasons consecutively. This persistent drought has forced life to become a grim survival sport. Approximately two dozen elderly, in the area we visited, are on the verge of death through starvation, and many more are severely malnourished as a result of drought and hunger. The situation in these regions is precarious with ongoing lack of food and clean water available. Evidence of pale, thick dry skin, and bloated stomach apparent on the children, as well as the achy joints and the frail damaged skin seen on the elderly, graphically demonstrates how the ASAL regions bear the brunt of this catastrophe



*Current situation at Samburu county*



Medical Education



Aid



Kenya

2023/24

**BUDGET****FEEDING PROGRAM ACCOUNTS FOR JANUARY 2023**

<b>Feeding Programme Accounts For Jan 2023- Maralal</b>					
Folio No.	Quantity	Type	Description	Price Ksh	Total Ksh
1	55	cartons	90 kgs maize	5,400	297,000
2	35	sacks	packets Kenya salt x 20	720	25,200
3	24	sacks	90 kgs Beans	9,600	230,400
4	31	sacks	90 kgs Millet porridge	11,300	350,300
5	55	pieces	90kg maize milling	950	52,250
6	85	sacks	25 kgs rice	2,580	219,300
7 to 13	Miscellaneous purchases as per seperate sheet provided to include labour for logistics, weighing, packing and loading sacks and bags of individual foodstuffs - bottled water - car fuel - packaging bags and printing - hire of two lorries - Accomodation & meals for helpers,gratitudes and aid, all as receipts provided				305,930
				<b>Total</b>	<b>1,480,380</b>



Medical



Education



Aid



Kenya

2023/24

## **Conclusion**

I would like to take this chance to thank the Foundation Eagle (FE) for your continued support. Your donation has helped us start the year on a high note. We have managed to feed 700 families, which is approximately 3,780 individuals. Thank you once again for your generous contribution and for standing with our marginalized brothers and sisters. It is your continued support that sustains our mission and makes all the difference. Your donation is extremely important to our cause and has allowed us to keep excelling. Together we are making a difference!

**ASANTENI SANA.**